

coastandcountry.co.uk

view



The magazine from Coast & Country Cottages

WIN A HOLIDAY

Fantastic prize package worth £1500 to be won

A Taste of Luxury

Special properties in stunning locations

WINNERS!
British Travel Awards 2014



BEST UK HOLIDAY COTTAGE BOOKING COMPANY
★ SMALL ★



32 DART MARINA, Dartmouth VisitEngland 5 Star Gold, Sleeps 4

Front Cover
OVERSTEPS HOUSE, Salcombe VisitEngland 5 Star Gold, Sleeps 16



Welcome to view 2015

The team has been working hard throughout the year to bring you new features and reviews to enjoy plus stunning new photography of our beautiful area.

Read all about our luxury properties available for your 2015 holiday. Take a personal look at accessible places to visit for those with mobility issues and find out about properties with spa facilities. Visit coastandcountry.co.uk for full details of all accommodation in our 2015 portfolio.

With articles from well known writers who share our passion for the area, an inspirational tale from our very own RNLI volunteer and competitions to win prizes including a fantastic holiday package, a holiday cookery course and a delicious Food & Drink Devon Hamper, we believe we have included something for everyone and lots of reasons for booking your next break with us!

Whether you are a regular visitor to this fabulous area or are planning to visit for the first time, we hope you enjoy the magazine and look forward to welcoming you to the South Hams soon.

STOP PRESS! Coast & Country Cottages has won the Best UK Holiday Cottage/Self Catering Booking Company (Small) in the 2014 British Travel Awards – see pages 4-5.

Karen & Andrew Jones
Directors



10

Features

- 7 Enter our fabulous competition**
Win an amazing holiday package, including a £750 accommodation voucher
- 10 Why we love the South Hams**
Journalist Mark Rowe's favourite places to visit
- 14 Things to do in and around Start Bay**
Our suggestions for your break
- 22 Paddleboarding with Triocean Surf**
Win a prize package worth £780
- 34 Eat, drink, run. Repeat.**
A new kind of food festival...
- 48 Things to do from Bigbury-on-Sea to Hope Cove**
Our top tips for your holiday
- 52 Taking the perfect holiday picture...**
Send us your favourite South Hams photographs
- 54 Drinks through the Seasons**
Expert Susy Atkins on wine to enjoy throughout the year, plus some local tipples...



14



54

CONTACT

marketing@coastandcountry.co.uk
01548 843773

 /coastandcountrycottages

 @CandCC



salcombe.co.uk
coastandcountry.co.uk



©Coast & Country Cottages (South West) Ltd

STOP PRESS!

Coast & Country Cottages wins British Travel Award!

Coast & Country Cottages has been announced as the winner of Best UK Holiday Cottage/Self Catering Booking Company (Small) in the prestigious 2014 British Travel Awards.



The Coast & Country Cottages team celebrating their award left to right Andrew Jones (Director), Clare Levy (Marketing & Sales Manager), Karen Jones (Director), Karen Wood (Sales Administrator), Tina Doyle (Senior Marketing Executive), Jon Doyle (Operations Director)

The announcement was made on 26 November 2014 at a glamorous Gala Awards Dinner, held at Battersea Evolution in London, and attended by close to a thousand travel industry people.

The British Travel Awards is the largest awards programme in the UK, created to reward the best companies in travel. The British Travel Awards are easily the most recognisable of all travel industry accolades amongst consumer and industry professionals alike with categories spanning all types of holiday experience - transport, destination, cruise, customer service, holiday extras and accommodation.

The glitzy, Venetian themed evening, commenced with a champagne reception hosted by the global feedback engine FEEFO, a key sponsor for the British Travel Awards. A delicious three course gala dinner was served, with performances by Mezzo Soprano, Laura Wright, and The London Banqueting Ensemble Salon Orchestra entertaining the travel industry's 'movers and shakers'. Comedian Russell Kane (above) hosted the event and presented the awards alongside sponsors and media partners of The British Travel Awards and over £7600 was raised for the event charity, Prostate Cancer UK, through on-table donations and a Silent Auction.



Karen Jones (Director) receiving the award on stage from sponsor Matt Murphy and comedian, Russell Kane.

Karen Jones, Director, says "Coast & Country Cottages is a small, family owned and run agency based in South Devon, so we are thrilled to have received this award alongside some of the biggest names in the British Travel industry. It was very exciting to go onto the stage to collect the award from the Sponsor, Matt Murphy of Levy Associates, and comedian, Russell Kane, on behalf of our fabulous team, though a little nerve-racking! We were one of the smallest companies there, with brands including Thomson, Kuoni, First Choice and Virgin Holidays all receiving awards."

Continues Andrew Jones, Director, "Our success is due to the hard work, dedication and commitment of our locally based team, four of whom we were delighted to invite to accompany us to the event in London. We would like to say a huge thank you to all of them and also to our loyal customers who voted for us!"

British Travel Awards' Chief Executive Lorraine Barnes Burton said: "This year was a record breaking year for consumer voting with more than 1.1 million votes cast to determine the winners of the coveted British Travel Awards - it the largest awards programme in the UK; to win is

truly an accolade. The travelling public regard the British Travel Awards winners logo as the benchmark for excellence when it comes to finding out who really are the best travel companies and Coast & Country Cottages is to be congratulated on the achievement."

Coast & Country Cottages' Marketing & Sales Manager, Clare Levy adds, "We have been overwhelmed by the response to-date from owners, customers and business colleagues who are all so pleased to hear this fantastic news. We are sure that this accolade will further enhance the reputation of Coast & Country Cottages and encourage more visitors than ever before to book their holiday or short break with us."

The British Travel Awards is a proudly independent organisation, audited by

leading global accountancy practitioners Deloitte. The BTAs are the only travel industry accolades voted for exclusively by the travelling public, and the Awards serve to recognise all that is great about UK travel companies.

coastandcountry.co.uk
britishtravelawards.com



Karen and Andrew Jones (Directors)



The trophy in Devon with some of the Coast & Country Cottages team

dickandwills
waterside brasserie bar

Stunning, contemporary with a New England feel and elegantly situated on the waterside with panoramic views of Salcombe Estuary.... serving the best Local Fish, Shellfish and Meat with a fusion twist!

Fore Street, Salcombe, Devon.
TQ8 8JG ~ Tel: 01548 843 408
Email: info@dickandwills.co.uk
www.dickandwills.co.uk

Win a holiday package worth £1500!

We are offering **view** readers the chance to win a fabulous holiday prize package, including a £750* voucher to spend on a self-catering property of their choice with Coast & Country Cottages.



The winner will also receive a **Riverford Organic** Holiday Box, lunch for two and a bottle of wine at **Riverford Field Kitchen**, a **Will Bees** bespoke bag, tickets for a family of four for **Pennywell Farm**, a Devonshire Cream Tea for four at **Buckland Tout-Saints Hotel**, a 9 x 6 framed photograph with **Explosures** the photographer's gallery in Salcombe, a complimentary pass for a family of four for one week to use the **Harbour Spa** facilities plus two Spa treatments (worth £220), a **Sea Kayak Devon** £100 Voucher, plus a family ticket for a Dartmouth Harbour Cruise from the **Dartmouth Steam Railway & Riverboat Company**.

To enter online simply visit coastandcountry.co.uk/viewcompetition15 or alternatively send a postcard to view Competition 2015, Marketing Team, Coast & Country Cottages, Hannaford's Landing, Island Street, Salcombe, TQ8 8FE. The first person to be drawn will win this fabulous prize. Closing date for entries is 30th November 2015.

Call 01548 843773 or visit coastandcountry.co.uk/viewcompetition15 for full details and terms and conditions.

*Terms and conditions apply. For full competition details, visit coastandcountry.co.uk/viewcompetition15

CAFÉ ASIA
Chinese & South East Asian Cuisine

Thai | Malaysian | Japanese | Cantonese

Capturing the flavours of the East, Café Asia delights in bringing you freshly cooked and vibrant dishes from South East Asia. Come and relax in our friendly family run restaurant and let your taste buds get transported half way around the globe ...

Restaurant Reservations 01548 853 818
Takeaway & Delivery Service Available 01548 857 888

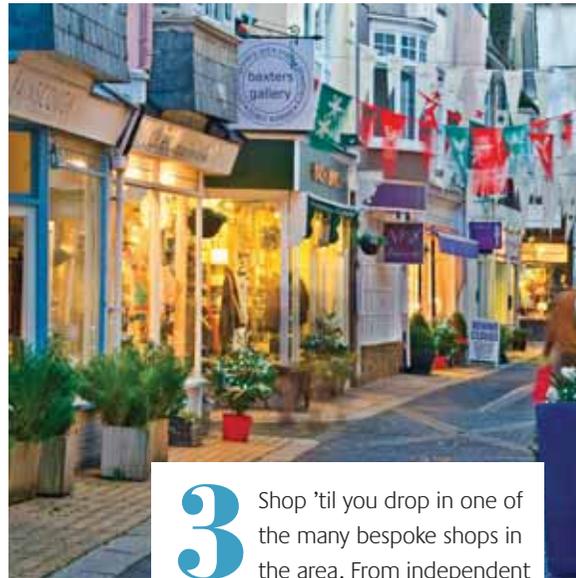
Opening Hours
Every day (inc Bank Holidays)
Sun-Thurs 5.30-11pm
Fri & Sat 5.30-11.30pm

www.thecafeasia.co.uk 10 Mill Street, Kingsbridge TQ7 1ED



THE SOUTH HAMS *at a glance*

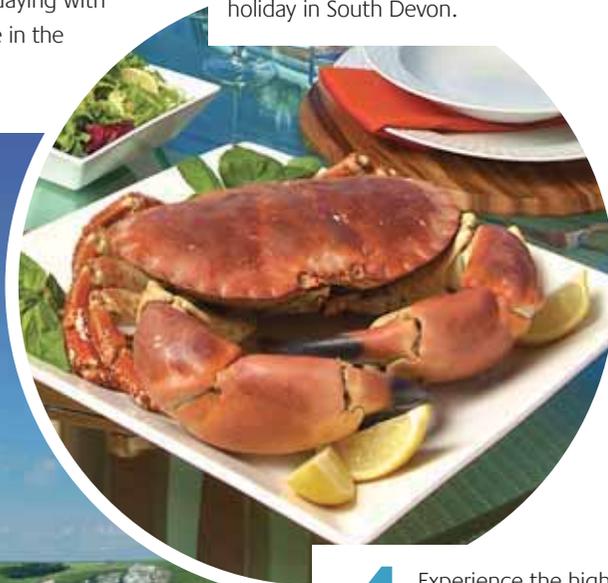
8 suggestions for a great holiday experience here.



3 Shop 'til you drop in one of the many bespoke shops in the area. From independent clothing and accessories to art galleries and boutiques, treat yourself to something to remind you of your holiday in South Devon.

1 Sample the fantastic local produce of the South Hams. From fine dining in exquisite seafood restaurants to relaxing with fish and chips on the beach, holidaying with Coast & Country Cottages allows you to indulge in the delicious foods that South Devon has to offer.

2 Relax with a picnic and take in a beautiful sea view. The South Hams scenery will take your breath away – this Area of Outstanding Natural Beauty boasts miles of golden beaches and dramatic scenery along the coastline.



4 Experience the highlights of the local events calendar (see pages 76-77) including the annual Dartmouth Royal Regatta featuring rowing races, competitions, fireworks and exciting air displays.



5 Try sailing along the estuary at Salcombe. Lessons are available to book through a number of local sailing companies or hire a dinghy and enjoy this popular sport whilst staying in the area.



6 The area is a perfect destination for a holiday or short break with your dog, with miles of fantastic dog-walking coastline, plus many beaches and plenty of pubs and attractions which welcome pets!



7 Walk along one of the many coastal paths with stunning views across the incredible South Devon coast and countryside. The South West Coast Path stretches for miles, presenting unbelievable scenery, hidden coves and miles of untouched coastline.



8 Explore the picturesque harbours at Dartmouth and Salcombe. Try crabbing with the family – bacon or mackerel strips make great bait.



Why we love THE SOUTH HAMS

by Journalist and Writer, Mark Rowe

“Her eyes drift away into the middle distance and I realise I've lost her to South Devon once again.”



The beautiful Frogmore Creek



Mark Rowe is a freelance journalist who writes about the great outdoors. He is a contributing editor to BBC Countryfile magazine, writes a regular Walk of the Month column for the Independent on Sunday and writes on environmental issues, walking and travel for Geographical magazine, National Geographic Traveller, the Guardian and the Daily Telegraph. He is also the researcher and walk writer for the National Trust's Great British Walk campaign. You can follow him at markrowe.eu and twitter [@wanderingrowe](https://twitter.com/wanderingrowe).

Deep in winter, during a run of rain-soaked, gale-battered days when it never really seems to get light, my wife lifts her spirits by taking an atlas of the UK from the study. It always seems to fall open at the page with the South Hams. She runs her fingers across names that take her back to her childhood: Ditch End, Prawle Point, East Portlemouth, Start Point... and I know that something is in the air, and that she's hatching our next trip.

She spent her school holidays playing at Swallows and Amazons, fishing for bass with her grandfather, and

fortunate enough to see many of the gems of our rivers and coasts put in an appearance, such as kingfishers, otters, even a basking shark. And I never tire of it.

Paradoxically, while the far-reaching views are immensely uplifting, I often find myself gravitating to the enclosed, sunken quarters of the South Hams, tucked away in its crumpled folds: the green lanes behind Hallsands that rise perhaps two metres above the walker; the footpaths behind South Huish, where despite being on a plateau of downland, you often find yourself escorted by a high Devon hedge brimming with wildlife; or the lonely,

Stunning Start Bay Coastline



learned to swim by the jetty at East Portlemouth. Thanks to her life-long love of this slice of Devonian paradise, I've come to appreciate its charms too.

I put her on the spot and ask why she thinks the South Hams so special. "It's the way the hills run right down to the water," she says dreamily, "the creeks, the ferry boat, the buoys clinking in the water..." Her eyes drift away into the middle distance and I realise I've lost her to South Devon once again.

In the intervening years, I've walked hundreds of miles along the footpaths and lanes of the South Hams, and clambered over countless stiles, and gazed down at Start Bay, the Kingsbridge estuary, Salcombe harbour and Bigbury Bay from just about every vantage point. I've been

slightly spooky forks in lanes, such as Coleridge Cross near Slapton.

At low tide, I've walked along the foreshores that stretch along the creeks from Kingsbridge below Frogmore and West Charleton, slithered across the seaweed and clambered over rocks until the view opens up to a horizon of big skies and headlands. Then there's the mists, those super-dense pea soups where the spectre of a just-landed seadog swinging a lantern is all that's needed to complete the ghostly setting. Such mists can spring themselves on you at any time. My children have played in sunshine by the water's edge at East Portlemouth while I've been pushing through curtains of fog only two miles away on the plateau behind East Prawle.

In a perfect world, I would walk around the South Hams in the early morning or late afternoon, amid the glorious light of the low, late autumnal sun that floods the valleys and bounces off the broad, steeping flanks of the hills. That said, any other time of the year comes close! Spring sees the first swallows, swifts and housemartins make landfall along the coast, while the wild flowers move slowly through the colour spectrum as Summer takes centre stage on Portlemouth or Bolberry Down. In winter the now leafless trees open up tantalising views of the estuary from high above Overbecks and Salcombe's upper reaches.

Then there are inland gems, such as the waters of Slapton Ley, a world of reedbeds that only falter once you are almost upon the beach. The air around the ley always feels humid, and even the fiercest storms struggle to penetrate too deeply into these woodlands. The swamp-like mudflats accompany you through a world of muffled silence and should you stumble across a grazing brontosaurus, it wouldn't seem out of keeping. Mute swans, goldeneye and tufted ducks trundle up and down the lagoon, while giant pike are said to haunt its waters. Willows and alders are good places to spot skulking firecrests, while I've seen butterflies, dragonflies and

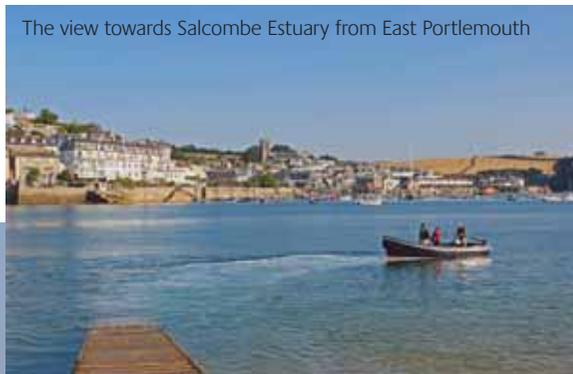
damselflies in November and February, proving that all things are possible in the world of mini-beasts.

Further west, is the jewel in the crown, the Kingsbridge estuary. As every pedant knows, it's not actually an estuary, as no major river flows into it; instead it is what geographers call a ria, a deep-cut harbour, or drowned river formed after the last ice age. In high summer, yachts, yawls, even the occasional hardy wind surfer, weave around the Kingsbridge and South Sands ferries and the occasional look-at-me gin palace anchored conspicuously for all to see. In between them all the East Portlemouth ferry chugs back and forward from the Ferry Inn steps, reached by a knee-jarring descent from Salcombe's Fore Street. I've watched all this activity from Snape's Point on the east of the harbour and often thought that the matchstick figures and activity create a scene by Lowry that the great man never painted.

My wife came here as a child, and now our children come too. All three have been lugged up and down the Ferry Inn steps, which are something of a rite of passage for any family. Their love for the South Hams is obvious too: beaches, ice cream, birdlife and boats. Passing the baton to the next generation has never been so easy.



The unique freshwater lake at Slapton Ley



The view towards Salcombe Estuary from East Portlemouth



Picturesque Salcombe Estuary

Riverford
organic farms

The Riverford Field Kitchen

our award-winning farm restaurant
eat like the locals

Enjoy a shared feast of seasonal, organic food straight from our fields. We are open for lunch, supper and farm tours.

lunch £23.50pp
supper £27.50pp
(half price for children)

booking is required
book online at www.riverford.co.uk/restaurant
or call 01803 762074

Located on wash farm between Buckfastleigh and Totnes off of the A384, just minutes from the A38. SAT NAV: TQ11 0JU.



BUCKLAND Tout-Saints Hotel



Delicious Dining

2 course lunch from £18.00
2 course dinner from £28.00
Must be pre-booked

Free glass of Prosecco with lunch or dinner when you quote 'Coast & Country Cottages'. Present this voucher on arrival



Buckland Tout-Saints
Kingsbridge, Devon, TQ7 2DS
T: 01548 853 055
E: enquiries@bucklandtoutsaints.co.uk
www.tout-saints.co.uk
f /toutsaints @tout_saints

← PAIGNTON • DARTMOUTH • TOTNES →

STEAM TRAINS & BOAT TRIPS



DARTMOUTH Steam Railway and River Boat COMPANY

01803 555872 www.dartmouthrailriver.co.uk

PADDLE STEAMER KINGSWEAR CASTLE

Take the Paddle Steamer Kingswear Castle for a unique trip along the enchanting River Dart.



01803 555872 www.paddlesteamerkc.co.uk

Things to do

IN AND AROUND START BAY

Cream Tea in the gardens at PROSPECT HOUSE, Hallsands



Blue Flag awarded beach, Blackpool Sands



Blue-Flag Awarded Beaches • Rare Fauna & Wildlife • Cream Teas • Fishing Spectacular Scenery • Local Produce • Fascinating History • Water Sports

As one of the most popular holiday locations in the Southernmost tip of Devon, the South Hams boasts picture perfect seaside villages and bustling market towns, plus accommodation for all tastes and budgets from 'chocolate box' thatched cottages, luxury waterside apartments, large rural retreats and coastal houses right on the beach.

The stunning Start Bay coastline offers miles of beautiful scenery and is steeped in history. It is also a haven for bird watching and spotting seals and dolphins in the clear waters. As well as offering an abundance of activities for all ages from rockpooling to paddleboarding, Start Bay also boasts some of the best beaches in the county and delicious local produce.

Visitors return year after year to this sought after destination, which offers so much to do all year round. *Here are just a few of our favourite places to explore.*

At picturesque **Hallsands** view the historic ruins of the fishing village of South Hallsands which was completely

destroyed by high seas and gales in 1917, and now attracts visitors and divers. Take a walk along the spectacular coastal path towards **Beesands**, a small fishing village with a dog friendly beach, children's play area, popular pub and seafood café, both serving delicious locally caught fish.

Further along the coastal path, or a short drive away, lies **Torcross**, with its picturesque dog-friendly pebble beach and freshwater lake, Slapton Ley. Separated from the sea by just a thin strip of land, it's bursting with wildlife. Feed the ducks, visit the memorial tank or take a walk along the promenade, stopping for a cream tea, a locally made ice cream or delicious fish and chips.

Along the coastal road towards Dartmouth is **Blackpool Sands**, which provides a hint of the Mediterranean with its Blue Flag awarded beach backing on to evergreens and pine trees. There is also a great selection of water sports available for you to try including kayaking, paddleboarding and wind surfing.



OUR TOP TIPS

After a day soaking up the sun at Blackpool Sands, enjoy a delicious meal at the Venus Café – lovingthebeach.co.uk – local organic food all day long, including evening dining offering steak, freshly caught fish, crab and lobster.

Fish for mackerel on the shoreline at Beesands, followed by a beach-side barbecue of your catch.

Tackle is available at **Ashby's Easy Stores** ashbysonline.co.uk

Visit the Slapton Ley Field Centre slnr.org.uk and discover the wildlife on a number of short and longer trails around the freshwater lake.

Enjoy a traditional cream tea at one of the many local cafés or stock up on local produce for your holiday home from the deli and food market at the Stokeley Farm Shop stokeleyfarmshop.co.uk

Follow the National Trust trail from Beesands to Hallsands, visiting the ruins of the South Hallsands village and walk alongside farmland brimming with insects, including the very rare Penny Royal, gulls and kestrels.

Drive along the spectacular Start Bay coastal road to the maritime town of Dartmouth to enjoy some retail therapy in the quaint streets offering everything from local boutiques and art galleries to popular retailers.

Make time for a fabulous breakfast at Café Alf Resco – cafealfresco.co.uk – or finish off your day with fish and chips from Mitch Tonks' Rockfish restaurant – therockfish.co.uk



Slapton Ley



FULMAR, Hallsands VisitEngland 5 Star Gold, Sleeps 8



Memorial Sherman Tank, Torcross



curlew



native foxglove



sea carrot



samphire



wagtail



shag



sea campion



strapwort



peregrine



Start Point to Blackpool Sands



ruined village



Hallsands



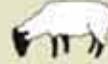
Cricket Inn



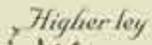
Widdicombe Ley



Stokenham



Slapton village



Higher ley



Strete



Venus cafe



Blackpool Sands



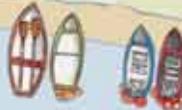
Freshwater Bay



Start Point



Torcross



Start Bay



Blackpool Sands



Key



great food



lovely beaches

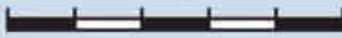


nice pubs



freshwater nature reserve

not really to scale



Illustrated by katewestart.co.uk designed by allisonmackenzie.com



A taste of luxury...

view | TO FIND OUT MORE OR BOOK ONLINE GO TO coastandcountry.co.uk

What can customers expect from a luxury self-catering property? Coast & Country Cottages have an unrivalled collection of holiday properties in South Devon that are finished to exceptional standards, with a VisitEngland rating of Five Star or Five Star Gold.

The beautiful Dart Marina apartments and townhouses are a wonderful example of these high standards. Situated in one of the West Country's most sought after locations on the edge of the River Dart, the properties were designed by award-winning London architects, and most boast stunning, unspoilt river views. These

chefs, Dart Marina provides the perfect retreat for those looking for a luxury getaway.

Coast & Country Cottages are delighted to offer holidays and short breaks at sixteen Dart Marina apartments and a townhouse. New for the 2015 season, the collection includes 18 Dart Marina and 25 Dart Marina, both stunning properties with beautiful private riverside terraces.

The recently completed, stunning waterfront 'Estura' properties in Salcombe offer a fabulous example of the ultimate in luxury self-catering. Boasting contemporary fixtures and fittings, including a state-of-the-art elegant hand crafted kitchen with designer units, quartz worktops and a range of integrated Miele equipment, self-catering is a delight in these beautiful apartments... Of course the stunning panoramic views over the Salcombe estuary from the kitchen and living area only add to the pleasure of spending time cooking! Guests can also enjoy delicious



25 DART MARINA, Dartmouth VisitEngland 5 Star Gold, Sleeps 4

individually owned 5 Star apartments provide the boutique hotel experience with the flexibility and freedom of a large, stylish holiday home. Most properties also enjoy the use of the nearby luxury Dart Marina Health Spa including indoor pool, steam room, Jacuzzi and gym, not to mention 10% off indulgent Elemis spa beauty treatments. The Dart Marina properties sleep 2-6 and each offer either a terrace, a balcony, a large window seat or fabulous windows from which to enjoy the wonderful views. Situated a short walk along the waterfront from historic Dartmouth's boutique shops and award-winning restaurants run by well known



THE SEA BALCONY, ESTURA, Salcombe VisitEngland 5 Star Gold, Sleeps 4

locally landed fish and seafood at nearby restaurant, The Jetty, with its award-winning chef and Crustacean Bar, or relax in the new Harbour Spa, with indoor pool overlooking the estuary, plus sauna, steam, Jacuzzi and five ESPA treatment rooms. Newly available to book for 2015 is The Sea Balcony, Estura, sleeping up to 4 people.



THE SEA BALCONY, ESTURA, Salcombe
 VisitEngland 5 Star Gold, Sleeps 4
 © Salcombe Finest

Larger luxury properties for groups of up to 16 people are also available, perfect for a family gathering or a special celebration. Oversteps House in Salcombe overlooks the stunning South Sands beach and was originally built in 1901. Recently refurbished to an exceptional standard, the property is VisitEngland Five Star Gold awarded and offers accommodation of the highest standards for up to 16 people, with or without a dog. The property boasts two



OVERSTEPS HOUSE, Salcombe
 VisitEngland 5 Star Gold, Sleeps 16

beautiful master bedroom suites, French windows leading to the terrace from the living areas and

Whether you choose to stay in picturesque Salcombe, historic Dartmouth or in the surrounding South Devon countryside, Coast & Country Cottages would be delighted to help arrange those luxurious extras that can make all the difference to a holiday. Hampers, wine, flowers or catering can all be arranged to make your stay as memorable as possible. Simply call the team and they will be delighted to discuss your requirements.

For more information about our luxury collection, visit coastandcountry.co.uk/luxury-properties

fabulous contemporary feature fireplaces. Oversteps even has its very own private beach retreat, 'The Hobbit House', overlooking the blue flag awarded beach, complete with sun loungers and a beer fridge; perfect for lazy Summer days.

Oversteps House is available to book out of season as two apartments, each sleeping 8, or as one large house for 16 people.

Call our team on 01548 843773 today or visit coastandcountry.co.uk

More than ever, customers are looking for 'a little bit of luxury' on their holidays.

Studio Flowers
 Professional Floristry throughout the South Hams

Tel: 01548 854546
 Mobile: 07855 321759
 Unit 2N South Hams Business Park,
 Churchstow, Kingsbridge, Devon TQ7 3QH
www.devon-florist-delivery.co.uk

The Galley Girls

Catering for ... Weddings
 Private Dinner Parties
 Special Occasions
 Canapé & Cocktail Parties

Freshly prepared meals for a stress free holiday

Call or email Gemma or Polly
 07749 636607 / 07966 455538
info@thegalleygirls.co.uk
www.thegalleygirls.co.uk



get the most out of your holiday

organic, veg, meat & more to your door
 arrange a delivery before you leave home

you can order:

- o a starter welcome "holiday box"
- o picnic items & bbq boxes
- o your whole shop for the length of your stay

free delivery

call Jane or Martin on 01803 732786 or email martinemmett@riverfordhomedelivery.co.uk
 Please place your order 3 days before your arrival date.

Stand-Up Paddleboarding

with Triocean Surf

Stand-Up Paddleboarding (or SUP for short) is one of the fastest growing sports in the UK and USA. Derived from surfing, Stand-Up Paddleboarding originates from Hawaii but is now proving very popular in South Devon with many locals and with those who visit the area on holiday.

Whether looking for an activity for all the family, as a couple, or with friends, Stand-Up Paddleboarding is accessible for all. This exciting sport isn't just reserved for the most active amongst us but can be a relaxing way to spend the evening or as a fun day out.

Stand-Up Paddleboarding can be enjoyed at sea or on the estuary – though for those who are not as keen on getting wet, the estuary is definitely the best option as it is very calm and perfect for beginners.

Triocean Surf is an approved RNLI surf hire centre and is located just five minutes away from Bantham Beach – arguably the best surfing beach in South Devon. They hire

before so this was a first for most. Once up, we set out along the picturesque Kingsbridge Estuary – said to be one of the best places to paddleboard in the area.

With only one of our team falling into the estuary, we made it safely, and mostly dryly, to shore having all had a fantastic time on our individual boards! Once we had made it back, Dave, one of the Triocean team, tested us once more with the maiden voyage of the world's biggest paddleboard! This board managed to fit six of us (plus a seventh passenger) on comfortably with space for us all to paddle! This paddleboard was far more unstable as every time someone moved we all nearly fell in! Unbelievably, we all managed to get to shore without falling in this time! Although it was unnerving at times, this was absolutely incredible fun and highly recommended when holidaying in South Devon".

Adds Alice, "On behalf of Coast & Country Cottages, we would like to say a massive thank you to Dave, Tom and Matt for giving up their evening to teach us how to



and sell surfboards, wetsuits, Stand-Up Paddleboards, kayaks and more all year round and also lend softtracks free of charge, so you don't have to worry about transporting your boards or kayaks to the beach.

Some of the Coast & Country Cottages team enjoyed a taster Stand-Up Paddleboarding session with Triocean Surf on the estuary at Kingsbridge. Alice Jones, Seasonal Marketing Assistant, explains, "After being given a few pointers by the team from Triocean Surf about how to use the paddles and the best way to stand on the board, we attempted the difficult task of actually standing up – which is easier said than done! Only two of the Coast & Country Cottages team had been on a paddleboard

paddleboard. We would definitely recommend it to anyone who wants to give something new a try during their holiday in South Devon".

TOP TIPS FOR PADDLEBOARDING

- Start by paddling on your knees with the safety leash around your ankle
- Make sure to spread your weight evenly across the board
- When ready, stand with your feet either side of the handles to get the best balance



A RED PADDLEBOARD PRIZE PACKAGE WORTH £780

Including:

- Red Paddle Co 10'6" Inflatable SUP
- Red Paddle Adjustable Alloy Paddle
- Red Paddle 10ft Leash
- Red Paddle High Pressure Pump
- Wheely Carry Ruck-Sack
- Waterproof Phone Case

For your chance to WIN this fabulous prize simply submit your entry by visiting coastandcountry.co.uk/trioceancompetition or send a postcard to view/Triocean Surf Competition 2015, Marketing Team, Coast & Country Cottages, Hannaford's Landing, Island Street, Salcombe, TQ8 8FE. The first person to be drawn wins this fabulous prize. Closing date for entries is 30th November 2015.

Call 01548 843773 or visit coastandcountry.co.uk/trioceancompetition for full details and terms and conditions.

trioceansurf.co.uk

Open 7 days | 9-6pm
2 miles from Bantham beach

SUP & Kayak Hire & Sales

- > Stand Up Paddleboards
- > Sit On Kayaks
- > Bodyboards
- > Surfboards
- > Wetsuits

red paddleco

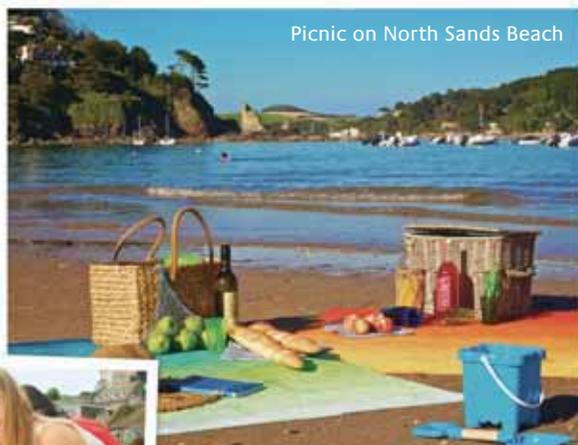
T: 01548 854676
E: info@trioceansurf.co.uk
A: Unit 1E South Hams Business Park, Churchstow, Kingsbridge TQ7 3QH

“There’s something for everyone, whatever your age”

Elinor, 16, who has spent her childhood living in the South Hams, shares some of her favourite activities with you to enjoy on your holiday.



Blackpool Sands



Picnic on North Sands Beach



Crabbing at Victoria Quay, Salcombe

With miles of award-winning beaches and huge expanses of tranquil countryside in an official Area of Outstanding Natural Beauty, whether you’re wanting to keep toddlers or teenagers busy whilst on holiday, there’s something for everyone, whatever your age. From exploring the unspoilt coastline of South Devon from Bantham to Beesands to active water sports for more adventurous teens, the South Hams is a wonderful place for a holiday with children!

Crabbing is a hugely popular, more traditional pastime and it is brilliant fun getting the whole family involved – even older teenagers – as the excitement of catching your first, or even your 100th crab is very addictive! The local secret (but we will share it with you) is that the ‘hottest’ spot for crabbing is Bowcombe Bridge near Kingsbridge, with bacon proving the most popular bait with the crabs

themselves, although some regulars suggest using mackerel strips! Other good spots for crabbing in the South Hams include Victoria Quay in Salcombe and South Pool Creek as well as Dartmouth Embankment. After the thrill and exhaustion of all this activity, you can grab some of the best fish and chips around at Rockfish in Dartmouth, which caters perfectly for families. You can either

eat in or take away and sit by the River Dart.

Another family favourite activity when visiting the area is Pennywell Farm near Buckfastleigh. The farm is perfect for all weathers, all year round. Children are given the opportunity to hold rabbits and feed lambs plus there are many play areas (both indoor and outdoor) where they can burn off lots of energy. Fond memories can be made during the Christmas festivities where children of all ages have the opportunity to take part in the nativity shows in

which live animals play a key role in bringing the story to life, with those who play Mary getting to ride the donkey! Woodlands Family Theme Park near Dartmouth is another favourite with families as it caters for many different ages and proves very popular throughout the year as an all-weather destination. The largest family theme park in the South West boasts specific areas for much younger children including ball pools and soft play sections and more adrenalin rushing rides for older children – or those willing to get wet – with many water slides and the scary Avalanche slides.

Beaches are a perfect day out for all the family, whether it’s for fast and furious water sports for active teenagers or rock pooling and paddling for the younger ones. Mill Bay is a great beach, which is accessible by the East Portlemouth Ferry from Salcombe, adding a new adventure to the day. The shallow waters and soft sand creates the perfect building material for sandcastles, or creating ‘sand-boats’, as well as paddling. In Salcombe there is also the opportunity to learn to sail, even for absolute beginners, with the ICC Salcombe providing RYA Youth courses for age 8+ over 3-5 days.



New discoveries at the beach

For other sports-seeking youngsters, Stand-Up Paddleboarding is very popular with those who come on holiday. Waterborn Stand-Up Paddleboard Watersports Centre offers the opportunity to try the sport on the Kingsbridge Estuary. Meanwhile the younger children can crab and join later to enjoy a meal at The Crabshell Inn, Kingsbridge, which has a great pizza menu for the family.

Perhaps less well known by visitors are beaches such as Hallsands, Lannacombe and Mattiscombe Sands in Start Bay – small but perfect for sandcastles and swimming. If you’re looking for waves and space, beaches such as South Milton Sands and Bantham have them in abundance, with water sports available through Triocean Surf and Bantham Surfing Academy who hire out all equipment and are suitable for beginners! As the sun goes down, the perfect end of the day is exploring the rock pools and toasting marshmallows over an open wood fire on the beach.

So whether you’re looking for an action packed day out with the kids or a family trip to the beach, there is something to suit all ages in the South Hams.



GOLD WINNER VISIT DEVON TOURISM AWARDS

Devon's Friendliest Day Out!

Pennywell

SAVE a whopping £1.50 per person with this voucher.

Open daily 10am – 5pm

www.pennywellfarm.co.uk

Tel: 01364 642023. Just off the A38 near Buckfastleigh TQ11 0LT follow the brown tourist signs

Live, Love & Laugh with *Café Alf Resco* IN DARTMOUTH

In Dartmouth, Café Alf Resco has become an institution, a favourite with locals and tourists alike. We caught up with owner, Kate Ryder, to find out about Alf's success and what makes Dartmouth such an amazing place to live, work and holiday in.



Q When you started Café Alf Resco did you have a particular business aim in mind?

A The café was actually started by some good friends of ours. We helped them run the business for the first three years and then we took over. They enjoyed the idea of running a café but the day-to-day side of it really wasn't for them. My husband and I wanted to live in Dartmouth, and back then there really weren't any jobs here, you had to make your own work. We always wanted the café to be a social centre and a community institution, and that's what it's become over the years.

Q You're known for being family friendly. Is that an important part of Café Alf Resco's success?

A Yes, definitely. We're family friendly because if the kids are welcome they behave well, the parents can relax and then everyone has a great time. We're also dog-friendly as dog owners also find it hard to find establishments that welcome dogs.

Q How many of your ingredients do you source from local producers?

A We work with local producers as much as possible and always have. All our bread is made in Dartmouth and our eggs are from a local farm.

Q You won an award for your breakfast recently?

A Yes, we won a Home Grown Cereals Association award for our homemade granola. We make it onsite as a lighter option to a cooked breakfast. We use British oats, of course, and we're really chuffed, mainly because we don't usually go in for things like that.

Q What specialities are on the menu?

A Last year we began to introduce local crab to the lunchtime menu which has been very popular. We get all the team involved in coming up with ideas. Different age groups want different things. We've started doing oat-based smoothies because the generation who are in their twenties are keen on power smoothies for breakfast, and that wasn't something we did 20 years ago!



Q What do you think makes Dartmouth such a special place?

A I think it's the fact that we are a community. We still have a local baker, a butcher and a greengrocer. Going to local shops encourages people to interact, chat to the owners and other shoppers. All of that breeds community.

Q If someone was thinking of coming to Dartmouth to stay in a holiday cottage what would be your top tips to enjoy the town?

A Definitely go to Castle Cove where they've rebuilt the steps, giving you a beach right in town which is lovely.

Take a trip on the paddle steamer and go up to Totnes, because you'll get to see all kinds of amazing wildlife on the way like herons and seals.

You can go on kayak trips, which I've done, out to sea or up the river depending on the weather, exploring deserted coves and beaches and enjoying a picnic.

Experience the wonderful food and warm, relaxing atmosphere of Café Alf Resco, whilst staying in one of our 130 properties in and around Dartmouth. Visit coastandcountry.co.uk/dartmouth



LIVE LOVE LAUGH
CAFÉ ALF RESCO
DARTMOUTH

LOWER STREET DARTMOUTH
01803 835880
WWW.CAFEALFRESCO.CO.UK

BREAKFAST COFFEE & LUNCH
7AM-2PM 7 DAYS A WEEK
GREAT COFFEE & GREAT FOOD
FRESH LOCAL PRODUCE
AT VERY REASONABLE PRICES
CHILDREN ALWAYS WELCOME

Introducing Holiday Cookery Courses

WITH MANNA FROM DEVON COOKING SCHOOL

Whether an experienced cook, or a complete beginner, if you are passionate about what you eat, a visit to the South Hams, the southernmost tip of Devon, is sure to get your taste buds going. With a varied and productive local food economy, including many award-winning products and

premises, the area boasts fantastic, locally produced and sourced food all year round. From renowned South Devon crab and locally caught fish, to rare breed meat and artisan cheese, organically grown fruit and vegetables delivered direct to your door and delicious wines from a local vineyard, the South Hams boasts wonderful ingredients to enjoy, at some incredible food destinations or whilst self-catering during your holiday.

Or why not combine your stay with a holiday cookery course, learning brand new skills or building on your own experience whilst using the finest local ingredients? *Taking place in the comfort of your own holiday home* and with courses and group sizes to suit your own requirements, successful locally based Manna from Devon Cooking School are now offering Coast & Country Cottages' guests the opportunity to pre-book cookery courses at their chosen holiday home. So whether you are a couple wanting to learn how to pick and prepare local crab and seafood to enjoy over a glass of local fizz, parents hoping to teach the family some key baking skills before they 'fly the nest' or perhaps someone planning a special occasion and looking for a fun activity for a larger group of friends, this award-winning cookery school can tailor-make the course, and the ingredients, to suit your requirements.

Says Manna from Devon's Holly Jones, "We are delighted to be offering day courses, or half days, for Coast & Country Cottages' guests in their holiday homes and can be pretty flexible about what we do. Some suggestions include creating your own Afternoon Tea, naturally including homemade scones and lots of local clotted cream or preparing South Devon Crab, making your own mayonnaise and baking your own loaf of bread to make the ultimate Salcombe crab sandwich! From Essential Skills to more

specialist cookery, including Fabulous Fish and Seasonal Vegetarian Cooking, we can plan a course to suit you".

Manna from Devon was founded in 2006 by husband and wife chef duo; David, a professional and passionate baker and Holly, a former food demonstrator, TV presenter and writer. David continues, "We keep our classes small, to maximise hands-on time and to allow ample opportunity for questions and conversation, and we finish each class with a big meal around the table to enjoy the dishes we have made together and to celebrate a successful day in the kitchen". A half day holiday cookery course for two people costs from £200, with a full day for six people costing £675 (excluding accommodation).

Manna from Devon's Holiday Cookery Courses were launched recently with a cookery workshop held at Coast & Country Cottages' stunning new property, Oversteps House in Salcombe, which boasts not one, but two

contemporary open plan kitchen/dining areas, perfect for such courses. Having baked a loaf of bread, whisked up homemade mayonnaise, picked and prepared a South Devon crab and assembled salads, the newly inspired 'chefs' sat down to a well deserved glass of local wine and, of course, a delicious lunch.

To arrange your Holiday Cookery Course with Manna from Devon Cooking School at your holiday property, or to find out more, call David or Holly on 01803 752943 or visit mannafromdevon.com. Please check with Coast & Country Cottages on 01548 843773 before booking to check the size or suitability of the kitchen at your chosen holiday home. Accommodation costs are not included in course fees.

See over to WIN a Holiday Cookery Course



Above: The launch held at stunning Oversteps House, Salcombe
Right hand page left: Lunch is served **right:** Making mayonnaise **bottom:** Learning to crack a crab



WIN a Holiday Cooking Course in 2016 with Manna from Devon Cookery School!



Manna from Devon are offering one lucky view reader the chance to win a day's cooking course for 4 people worth up to £600 to take place at their chosen holiday home in 2016.



To submit your entry simply visit coastandcountry.co.uk/manna-competition-page
Alternatively send a postcard to Manna Cooking Course Competition 2015, Marketing Team, Coast & Country Cottages, Hannaford's Landing, Island Street, Salcombe, TQ8 8FE. The first person to be drawn will win this fabulous prize. Closing date for entries is 30th November 2015.

Terms & Conditions apply. Prize is a Cookery Course worth up to £600 provided by Manna from Devon Cooking School, subject to availability, non-transferable, no cash alternative. The prize does not include accommodation which must be booked through Coast & Country Cottages separately. For full competition details, plus terms and conditions, visit coastandcountry.co.uk/manna-competition-page.



Woodfired Ovens · Bread Making · Fish Cooking
Mediterranean Food · Asian Cooking · Family Classes

Fir Mount House · Higher Contour Road · Kingswear · DEVON · TQ6 0DE
01803 752943 · mannafromdevon.com · info@mannafromdevon.com

[facebook.com/mannafromdevon](https://www.facebook.com/mannafromdevon) [@mannafromdevon](https://twitter.com/mannafromdevon)

sea-n-shore.com
RYA POWERBOAT TRAINING & WATERSPORTS

RYA POWERBOAT TRAINING COURSES
FAST, SLOW & CRUISE RIB RIDES
RIB COASTEERING
WAKEBOARDING / BANANA RIDES

www.sea-n-shore.com
ali@sea-n-shore.com
01548 842276 07713 745609

SEA KAYAK DEVON
AN AMAZING EXPERIENCE FOR THE WHOLE FAMILY!

GUIDED SEA KAYAK DAY TRIPS

- Day trips
- Taster sessions
- Skills courses
- Expeditions & bush craft

GET UP CLOSE TO AMAZING WILDLIFE!

Based in Dartmouth, our experienced instructors will help you have a fantastic day exploring this spectacular coast.

Get up close to:

- Dolphins
- Peregrine falcons
- Seals

www.seakayakdevon.co.uk
T: 01392 580535 *Call us now!*

SALCOMBE
POWERBOAT SCHOOL

The specialist RYA Powerboat Training Centre

01548 842727
info@salcombepowerboats.co.uk
www.salcombepowerboats.co.uk

SALCOMBE DINGHY SAILING

RYA Training Centre providing professional tuition and boat hire for all ages

Lasers Picos, Wayfarers, Drascombe Luggers

CHILDREN'S SAILING SESSIONS DURING SCHOOL HOLIDAYS

Sailing from Whitestrand in the centre of Salcombe

Enquiries & Bookings: Zoe 07809 556457
Salcombe TIC 01548 843927
salcombedinghysailing@gmail.com
www.salcombedinghysailing.co.uk

How many of Coast & Country Cottages' holiday properties are independently assessed by VisitEngland? *Each and every one!*



You can now book with even greater confidence in the knowledge that all our properties will have been formally graded ahead of the 2015 season.

In 2010 Coast & Country Cottages' directors Andrew and Karen Jones made the decision to introduce a formal assessment process for the agency's 400

clear that many holiday homeowners could see the benefit of joining – by the end of the first season almost 100 properties had been assessed.

Over the 3-4 years since that launch the number of Coast & Country Cottages' properties graded under the scheme has continued to grow rapidly, and in 2013 the agency made a commitment to have all assessed in good time for the 2015 season ahead! Whilst this has been an enormous challenge the agency is very proud to have achieved this objective in the time available. Each grading – the vast majority of which are at 4 or 5 Star level, many with the added 'Gold' award – are displayed on the relevant property page of the agency's website (coastandcountry.co.uk). All 5 Star awarded properties are additionally linked to the 'Luxury' section on the site.

Full details of the assessment scheme are available from the VisitEngland website (visitengland.com/visitengland-star-ratings).

The following quote from the website outlines the process and some of the criteria required to achieve a certain rating:

“The assessors work to strict criteria to check the available facilities. A quality score is awarded for every aspect of the layout and design of the accommodation, the ease of use of all the appliances, the comfort of the beds, the range and quality of kitchen equipment and, most importantly, cleanliness. For very high scoring properties a Gold award may be awarded. The more stars, the higher the quality and the greater the range of facilities and services provided.”

or so holiday properties. At that time only a small number of companies were offering their customers an independent grading of the accommodation quality, with most promoting their own 'in-house' star rating or subjective assessment.

Andrew and Karen could appreciate that in spite of the agency's very detailed property descriptions and wide range of internal/external photographs, the majority of new and potential customers needed some additional re-assurance before making a commitment to book a holiday. The nationally-recognised VisitEngland scheme was subsequently chosen as the most exacting and credible option. The annual quality assessment was initially limited to 'new' properties joining the agency from 2010 but it soon became



SEA PEEP, Thurlestone
VisitEngland 5 Star Gold,
Sleeps 8



RUGWELL COTTAGE, Hope Cove
VisitEngland 5 Star, Sleeps 8

In very simple terms the star ratings are summarised by VisitEngland as follows:

- 1 Star = 'Acceptable';
- 2 Star = 'Quite Good';
- 3 Star = 'Good';
- 4 Star = 'Very Good';
- 5 Star = 'Excellent'.

Each and every property advertised on the Coast & Country Cottages' website is assessed to at least a 3 Star standard!

Five years on from their decision to move to independent assessment, Andrew and Karen are delighted to see all properties are now covered by the scheme, and believe their customers feel better informed than ever before about making that all important holiday home selection!



THE LINHAY, near Dartmouth
VisitEngland 5 Star, Sleeps 6

HIGHER HILL BARN, Sherford, near Kingsbridge
VisitEngland 5 Star Gold, Sleeps 10



Eat, drink, run. Repeat.

A NEW KIND OF FOOD FESTIVAL...



Food tasting and trail running might strike you as an odd combination of activity at first glance but an imaginative event in South Devon is encouraging food lovers to lace up their trainers and find new ways to discover a taste for the local area.

Billed as a ‘food-festival-on-the-run’, the Delicious Dart Trail is an annual event which takes runners on a gastronomic tour through the South Hams from Dartington to Dartmouth. Now in its third year, this unique event, sponsored by Coast & Country Cottages, is a popular fixture on the foody calendar for participants and spectators alike.

The next event will take place on Saturday 7 March 2015 in aid of CHICKS charity, a Devon-based organisation that provides respite breaks

in the countryside for children from disadvantaged backgrounds. Whilst full details remain under wraps until entries open, we persuaded event creator, Kate Treleven, to give us a sneak preview, before we went to print, of the trail and its tasting opportunities.



Magnificent Dartington Hall

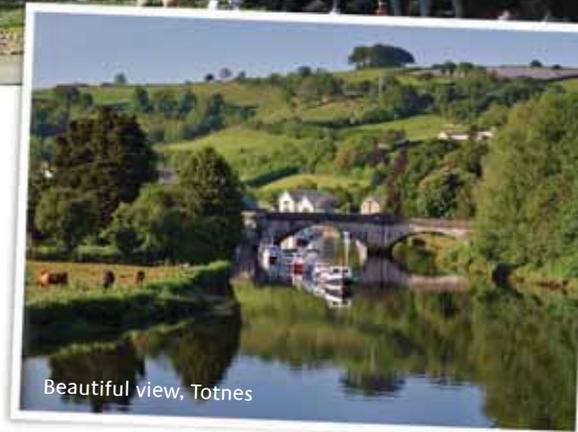
The Delicious Dart Trail begins in the magnificent Medieval courtyard at Dartington Hall. From there it’s downhill to Totnes and the first port of call, the Waterside



Competitors prepare at the start line, Dartington Hall

Bistro. Here, Matt Buzzo and the team welcome runners to their riverside terrace with a selection of goodies inspired by their French connections, all made with local ingredients.

Taking a left onto The Plains and along New Walk, runners join the footpath to The Sharpham Estate for a taste of their award-winning wines and cheeses. Looking out over rows of vines to the river below, the location could not be more scenic. It’s a popular spot for spectators who can buy cheese and wine by the glass or bottle, whilst cheering on the runners.



Beautiful view, Totnes



Runners in imaginative fancy dress ready to race

It’s a steep climb up the hill out of Sharpham before descending into Ashprington and down to The Waterman’s Arms at Bow Bridge. At 6.5 miles, The Maltster’s Arms at Tuckenhay is where some of the less seasoned runners may start to flag (but it was a favourite stop on the trail for many in 2014 with bitesize venison burgers, mini pavlovas and Quercus ale on the menu).

The runners then head cross-country to Cornworthy and on towards Dittisham, stopping briefly at Fingals Country House Hotel before arriving at the Red Lion Inn. Dittisham is famous for its plums so a tot of Bramley and Gage plum liqueur will send the runners on their way down to the Ferry Boat Inn where paella and a pint on the beach awaits them.

After taking the ferry across to Greenway for an ice cream at Agatha Christie’s former holiday home, the pack splits with some runners opting to take the steam train to Kingswear while others continue on foot. A miniature Devonshire cream tea at Noss will reward those who prefer not to let the train take the strain and a buffet awaits all runners at Kingswear Station, however they choose to arrive. From here, only a short ferry ride stands between the runners and the final two stops in Dartmouth. The smell of vinegary fish and chips will lead them to Rockfish takeaway and then on to Café Alf Resco for a nice hot cuppa before they cross the finish line.

Sign up for our newsletter at deliciousdarttrail.co.uk and we’ll keep you updated with event news and entry details.

You can also follow us on Facebook [/deliciustrails](https://www.facebook.com/deliciustrails) and Twitter [@deliciustrails](https://twitter.com/deliciustrails).

For more info about CHICKS visit chicks.org.uk.



Enjoying the run

GETTING MARRIED

in South Devon?

Planning a wedding in Salcombe and the surrounding area will create memories that last forever. Choose from amazing venues looking out over the picturesque estuary and others with equally stunning views for you and your guests to enjoy. The location is one of the most important aspects of any wedding and the South Hams is perfect for creating the backdrop needed for this special day.

Centrally located Cliff House, overlooking the Salcombe Estuary and East Portlemouth beaches, is an extremely popular wedding venue in Salcombe – the incredible views from the terrace are among the best in Salcombe.

The Assembly Hall, suitable for a maximum of 150 guests, opens out onto the veranda which is often used for drinks and group photographs after the ceremony. Having been restored to its original Edwardian elegance, this room is spectacular and provides a completely blank canvas for you to make your wedding exactly what you always dreamed of. Cliff House can provide tables, chairs and even a projector for those embarrassing photos which often resurface during the speeches! If you are looking for



Fabulous views at CLIFF HOUSE

a more intimate wedding – the library has recently been refurbished to cater for a smaller number of guests.

Catering is one of the most important aspects of a wedding for many people and Cliff House can help make your day unique and personal, recommending a number of professional and high quality local caterers who offer a wide range of menus from a traditional wedding breakfast to a hog roast. The well-equipped kitchen at Cliff House is available for use by whoever you choose to provide catering, allowing

flexibility for your budget and taste.

With licencing for Civil Wedding Ceremonies, Cliff House is a beautiful venue. Visit cliffhousesalcombe.co.uk for more information.

An alternative wedding reception venue near Salcombe is Broad Downs Barn – a luxury barn conversion sleeping 14 – set within 22 acres of privately owned pasture land that can be cleverly adapted to become a great space for a wedding. With a new, custom-made marquee, this venue promises to make your wedding unique with complete creative control over the appearance and fit out of the marquee. The VisitEngland 5 Star Gold assessed

converted barn is perfect for the Bridal Party to get ready ahead of the wedding and then as the honeymoon suite after the wedding. The barn's large luxury kitchen also works well as a bar! For a truly private wedding, you can also book Broad Downs Farmhouse, which sleeps 12, for close family to stay in for the occasion. With use of an outdoor pool and stunning views providing the perfect backdrop for your photos, you can relax knowing that you will have everything you need at Broad Downs to make this day special. For more information about this property, visit coastandcountry.co.uk or call us on 01548 843773.

Other venues in stunning settings include thebarnatsouthmilton.co.uk – a charmingly rustic setting with panoramic views over rolling countryside towards the sea, and dartingtonhall.co.uk

– an historic location in a 1200 acre private estate. Other popular choices also include Buckland Tout Saints Hotel (tout-saints.co.uk) and The Dartmouth Hotel (dgcc.co.uk).

With such spectacular surroundings, good photography is key to capturing the beauty of your wedding day in this idyllic location.

International award-winning Norsworthy Photography,

based in nearby Kingsbridge, specialises in wedding photography in and around the South Hams. Whether you want all your photos at your chosen venue, or to include some more intimate photos taken on one of the many beaches in the area, Martyn Norsworthy will be happy to help you make these important decisions. The incredible, unspoilt views and evening sun are perfect for those who want something special for their wedding portraits.

To contact Martyn about wedding photography or for more information, visit norsworthyweddings.com

If you are looking for accommodation for you and your wedding party, Coast & Country Cottages offer several large properties which are fantastic for guests wanting to stay together close to the area's wedding venues and enjoy a break in this beautiful area. With over 430 individual holiday properties throughout the South Hams, the locally based team would also be delighted to suggest more romantic retreats perfect for honeymoon breaks in this Area of Outstanding Natural Beauty.

Visit coastandcountry.co.uk or call 01548 843773 for more details.



THE BARN, South Milton



BROAD DOWNS BARN, near Salcombe
VisitEngland 5 Star Gold, Sleeps 14



Bride and Groom in the gardens at CLIFF HOUSE



NORSWORTHY
WEDDINGS



WEDDING PHOTOGRAPHY
BY
THE WEDDING PROFESSIONALS

01548 854044

WWW.NORSWORTHYWEDDINGS.COM

Will's Bespoke Story



Will Bees has fulfilled a long-held ambition with the opening of his eponymous boutique and workshop last summer in Salcombe. "To each her own," says Will, "and our bespoke concept aims to offer a range that goes far beyond the limits of a typical collection, catering for a huge variety of personal tastes".

With this in mind, Will sourced thousands of fabrics for his inaugural range of ladies' totes and purses, selecting plain weaves and prints in a beguiling array of colours and textures, including traditional woollen plaid, linen stripes, tie-dye, textured slub yarns and the perennially popular Liberty prints. The fully lined bags are trimmed with the finest vegetable tanned leather, the enduring quality of which is evident in its look, feel and smell. The range also includes leather heart key rings which can be attached to the totes. All the accessories are finished with Will Bees Bespoke's simple, understated brand and bee logo.

The stylish totes are in a capacious, shopper style, while the small and medium purses are compact, versatile accessories to tuck under the arm, hang on the wrist or throw in one of our totes. They are particularly popular with customers looking for affordable luxury gifts for loved ones, especially since Will offers a free embossing service at point of sale so the recipient's initials can be stamped within the logo itself – another unique element of the bespoke offering.

"The reception has been great," says Will, "both for the products and for the shop itself". The ambitious retail space is nestled among the boatbuilding sheds in Island Street in Salcombe, and is all part of Will's aim to provide a shopping experience that will leave a lasting impression. The shop is filled with an eclectic mix of rare vintage finds, combined with notes of feminine luxury, and is complemented by the workshop itself with Will's embossing machine, sewing machine and industrial tools. "Even if they don't make a purchase, I want visitors to my shop to leave with a true sense of wonder."



An example of a product that has been personalised with the customer's initials

Combining the best of British tradition, quality craftsmanship and materials, with a unique product range that embraces individuality...



At a time when the high streets are full of mass-produced goods of faraway provenance, Will Bees Bespoke prides itself on using only British manufacturing and the most reputable UK suppliers. Combining the best of British tradition, quality craftsmanship and materials, with a unique product range that embraces individuality and truly accounts for taste, Will Bees Bespoke is without doubt a very welcome addition to Salcombe, and a must-visit destination for all visitors to the South Hams. For further details willbeesbespoke.com [facebook.com/willbeesbespoke](https://www.facebook.com/willbeesbespoke).



For your chance to WIN a Will Bees Bespoke Bag see our fantastic competition on page 7




WILL BEES BESPOKE
MAKERS OF UNIQUE PRODUCTS

www.willbeesbespoke.com  [willbeesbespoke](https://www.facebook.com/willbeesbespoke)  [@WillBeesBespoke](https://twitter.com/WillBeesBespoke)  [willbeesbespoke](https://www.instagram.com/willbeesbespoke)
WILL BEES BESPOKE · 1 ISLAND STREET · SALCOMBE · DEVON · TQ8 8DP · 01548 842119

An early morning walk on the South West Coast Path in July 2014 provided the perfect opportunity for Andrew Jones (Director) to capture this stunning image of Sunny Cove, the Salcombe Estuary and picturesque Salcombe. To enjoy views like this visit coastandcountry.co.uk



Looking for a holiday agent you can trust...

JUST SAY THE WORD!

With over 430 holiday properties exclusively in Salcombe, Dartmouth and the surrounding countryside, Coast & Country Cottages is a family-owned and managed holiday agency based in the South Hams, an Area of Outstanding Natural Beauty in the Southernmost tip of Devon. If you are a holiday homeowner thinking of letting for the first time, finding a professional, efficient and, above all, trustworthy agency to market and manage your property is vital.

“Coast & Country Cottages has rented out our Salcombe property for over 15 years. Staff members are always most helpful, friendly and efficient and you can always speak to a human being!”

Janet Upton (Owner - Salcombe Property)

ensure you choose an agent who offers flexibility on owner bookings. Secondly seek the opinions of several different letting companies and look at their local profile, services, marketing and brand reputation. If the property is primarily a business venture or needs to generate a specific level of income, beware of companies who make false promises and predictions of unrealistic levels of bookings! Most importantly, go with the agent you

feel most comfortable with – a good relationship between owner and agent really contributes to success, and Coast & Country Cottages’ excellent reputation and numerous long standing owners are proof of the importance of this rapport.

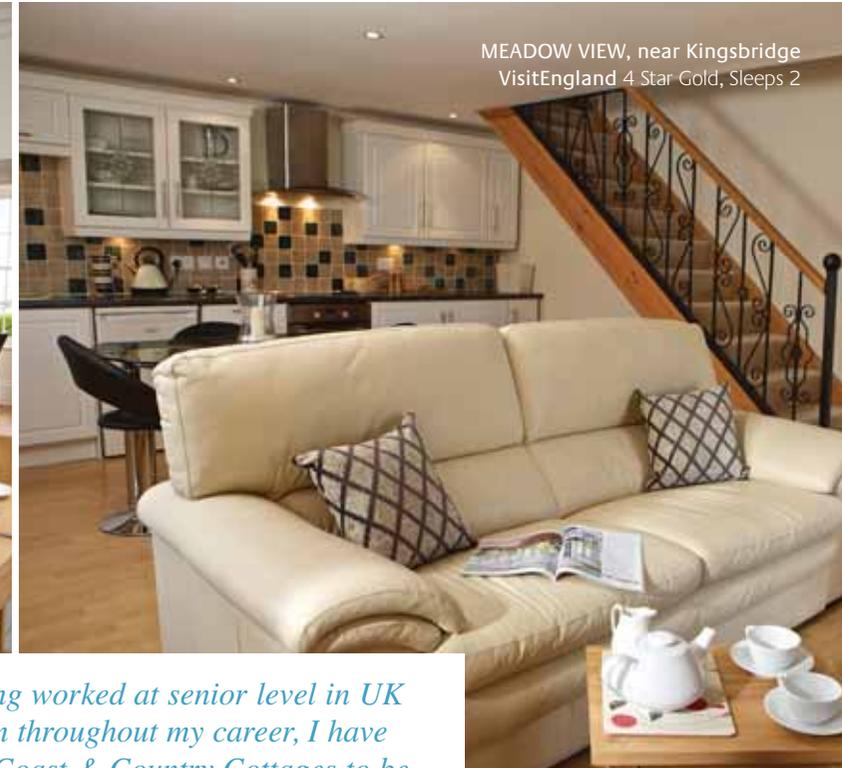
Once you have chosen your agency, it is time to start preparing the cottage for bookings. As with any home, investment in the property is needed regularly in order to maintain standards and encourage repeat bookings – holiday customers are increasingly discerning so an eye for detail is exceptionally important, and a good agency should help you at every stage of preparing and letting your holiday property. Coast & Country Cottages has its own dedicated Property Services team who are on hand to help owners with simple maintenance matters or more extensive renovations and projects. The agency also own and manage a commercial laundry,



DIDDLY SQUAT, 43 Dart Marina, Dartmouth
VisitEngland 4 Star Gold, Sleeps 4



HOLSET HOUSE, East Portlemouth
VisitEngland 5 Star Gold, Sleeps 10



MEADOW VIEW, near Kingsbridge
VisitEngland 4 Star Gold, Sleeps 2

“Having worked at senior level in UK tourism throughout my career, I have found Coast & Country Cottages to be a thoroughly professional company from top to bottom – there isn't any member of the team I have dealt with who has not failed to impress me!”

Malcolm Wood (Owner - Dartmouth Property)



OVERSTEPS HOUSE, Salcombe
VisitEngland 5 Star Gold,
Sleeps 16



15 DART MARINA, Dartmouth
VisitEngland 5 Star, Sleeps 4

and have an experienced locally based team who will, amongst many other things, arrange an independent VisitEngland assessment to provide added reassurance to customers and enhance the marketing opportunities for your property.

“Coast & Country Cottages exceeded all our expectations from day one in their imaginative marketing, consistent, highly professional support service and ongoing relationship. We would not hesitate to recommend C&CC time and time again.”

Sarah Cowper (Owner Dartmouth Property)

extends their holiday season. Coast & Country Cottages are very happy to offer suggestions of welcoming touches – for example a bottle of wine, fresh flowers or a cream tea – to make guests feel welcome and help lead to repeat bookings – first impressions really do matter!



WHITE LODGE, Dartmouth
VisitEngland 5 Star Gold, Sleeps 10

Finally, when preparing your property for letting, it is important to put yourself in the shoes of customers. Staying in the property, if you have not already done so, will help you identify the changes and improvements required to make sure a customer's holiday experience is memorable for all the right reasons! To arrange a free property visit without any obligation or 'hard sell' or to request a FREE 'Owners Guide', please call Andrew Jones (Director) on 01548 843773



Fresh dough pizzas, delivered to your door

Tuesday - Sunday
5pm - 10pm

01548 856655

Our latest menu is available on our website and from local information centres

www.pizza-planet.co.uk

20 Mill Street, Kingsbridge, TQ7 1ED

Fantastic subscription offer

6 ISSUES FOR £6

Subscribe to *Devon Life* and enjoy savings of up to 76%



Direct to your door

Instant digital access

6 issues for £6 by Direct Debit*

13 issues for £26.99 by credit/debit card

EASY WAYS TO ORDER:

www.subscriptionsave.co.uk/coastal
0844 848 4217 and quote code WDVCOAST

*Lines are open Mon-Fri 9.30am-5pm, Sat-4pm, Sun. BT calls to 0844 cost no more than Spaceline, calls from mobiles usually cost more. T&Cs. Savings are based on the cover price and Direct Debit is a UK only offer. *After your first 6 months, print subscription rates continue at £13 by 6 monthly Direct Debit. Offer ends 31/12/14.



Authentic Bengali, Indian, Punjabi and Kashmiri Cuisine

Restaurant & Takeaway

7 Mill Street, Kingsbridge TQ7 1ED

Please come and relax in our friendly family run restaurant since 1993 where our food will be freshly prepared by our chef. The secret lies within the alchemy of quality herbs and spices cooked within the finest range of meats and vegetables guaranteeing a delicious meal every time.

01548 857072 / 856003

www.mahabharatonline.co.uk



Opening hours
5.30–11.30pm
every day including
bank holidays.
12noon–2pm
Mon–Sat



10% discount on collected takeaway orders

Delivery service within 5 miles of Kingsbridge including Salcombe, Hope Cove, Thurlestone, Aveton Gifford, Loddiswell, East Allington and Chillington districts. Free delivery on orders over £15 (over £25 outside Kingsbridge)

Accessible

SOUTH HAMS

Elinor Jones, now 16, spent seven months using a wheelchair as a result of developing the condition Chronic Pain Syndrome at the age of 13. Here, following her recovery, she investigates some accessible properties and locations in and around Salcombe, some of which she visited or stayed in herself when she was ill.

With more people choosing to take multi-generational holidays, or wanting to take a recuperation break away following surgery plus an increasingly ageing population, accessible places to eat, shop and stay are often important factors in making the holiday an enjoyable and comfortable experience for everyone. Having spent several months in a wheelchair living in the South Hams, I've found some of the best places that offer both that fantastic holiday feeling as well as being more accessible for those who may have mobility issues.

The stunning market town of Dartmouth boasts many shops and cafés, some of which are wheelchair friendly and are suitable for those with mobility issues. The picturesque waterfront provides the perfect opportunity for a flat walk into the historic town, looking at the boats on the River Dart, perhaps whilst enjoying a local ice cream. The Flavel Centre offers a cinema – theflavel.org.uk – with accessibility to a viewing platform suitable for wheelchairs reached by a lift. With live performances, films and many other activities, there is something for everyone. The River Restaurant at Dart Marina Hotel is great for an evening meal – choose the top end of the restaurant to avoid steps – or the hotel lounge for tea. To stay, the Dart Marina Apartments are exquisitely furnished with stunning

views over the River Dart. 14 Dart Marina is on the first-floor, accessible by a good sized lift, sleeping 4.

Despite the bathrooms not being fully adapted, the rooms are spacious and are on one level and the large window seat in the sitting room is a great place to relax and watch the boats pass by or simply enjoy the wonderful views across the water to Kingswear.

Avon Mill Garden Centre near Loddiswell, with many local crafts, food and beautiful views over the Avon Valley, is a lovely place to spend the afternoon, whether it's to look at the large variety of plants or to treat yourself in the deli. There is plenty of parking and spaces for those with mobility issues – you don't need a disability badge. The café is accessible on the ground floor via a side entrance and offers toilet facilities which are spacious and have some adaptations.

Starboard Light, in Malborough, sleeping 8, offers two ground floor twin bedrooms and an open-plan living area with doors out to the garden. This large property is great for multi-generational family holidays as it is only five minutes drive from Salcombe. Also on the ground floor there is an adapted shower room which is large enough to



Elinor, then 14, enjoying the views at North Sands



The waterfront and boat float in Dartmouth



Avon Mill Garden Centre

fit a wheelchair. Upstairs, there are two double bedrooms with king-sized beds and en-suite bathrooms.

With just a short drive to Salcombe, you can visit North Sands beach, which is accessed by a slope. Grab a drink or bite to eat at the Winking Prawn opposite the beach or at Island Street Bar and Grill, on Island Street in Salcombe, a modern restaurant overlooking the estuary with accessible toilet facilities. Other good places in the area to visit for those with mobility issues include Torcross with its flat promenade alongside the beach, and Beesands, with views of the Start Point Lighthouse, plus a flat path alongside the beach to The Cricket Inn and Britannia @ The Beach, both perfect for traditional fish and chips and with flat access or a ramp.

So whether you need a place to stay after an operation, an afternoon out with people of all ages and mobility levels or are looking for somewhere special to stay, there are many options available for your holiday in the South Hams. Contact the local Tourist Information Centres for more advice about accessible places to visit locally. Please discuss any particular mobility or access requirements with Coast & Country Cottages' locally based team before booking your holiday to ensure the property chosen meets your particular requirements.



14 DART MARINA, Dartmouth VisitEngland 5 Star, Sleeps 4



The promenade at Torcross

STARBOARD LIGHT, Malborough VisitEngland 4 Star Gold, Sleeps 8



Things to do

from Bigbury-on-Sea to Hope Cove

Surfing • Coastal Walking • Sandy Beaches • Water Sports
Rockpooling • Hidden Coves • Great Food • Golf

Miles of coastal paths for walking plus beautiful beaches popular with families and water sports enthusiasts make this stretch of the picturesque South Hams coastline a very popular location for a break all year round.



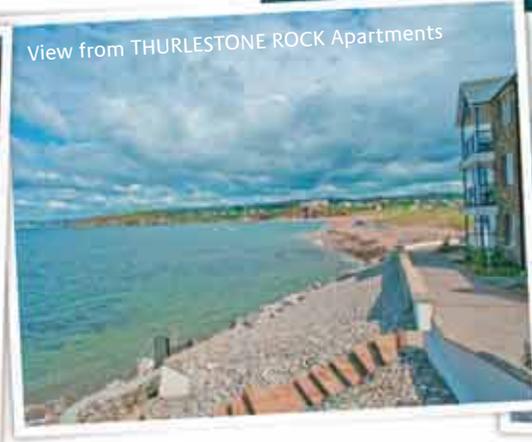
The view towards Hope Cove



Dog Friendly beaches



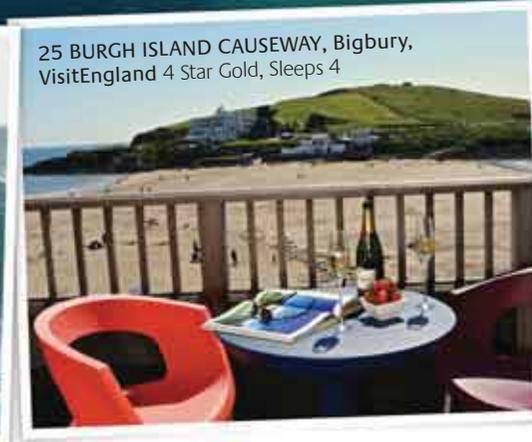
Stand-Up Paddleboarding



View from THURLESTONE ROCK Apartments



Surfing at Bantham



25 BURGH ISLAND CAUSEWAY, Bigbury, VisitEngland 4 Star Gold, Sleeps 4

OUR TOP TIPS

Book a surfing lesson with Bantham Surfing Academy banthamsurfingacademy.co.uk with lessons for beginners and advanced coaching for adults and children.

Book a game of golf on the fabulous Thurlestone coastal golf course and enjoy the spectacular views with each hole.

Take a picnic plus your bucket and spade and enjoy the wonderful sandy beaches at Thurlestone and South Milton Sands. Remember to take your net as well and discover the hidden sea creatures in the rock pools.

Explore miles of South West Coast Path, taking in dramatic scenery, visiting unspoilt sandy coves and stopping en route for delicious locally sourced food and drink at award-winning pubs. For details of different walks visit southwestcoastpath.com

Visit Burgh Island, close to the delightful village of Bigbury-on-Sea with its iconic Art Deco hotel; a famous haunt of Agatha Christie and Noel Coward. Walk along the tidal beach or hop on the sea tractor if the tide comes in!

Take a short drive to the popular sailing town Salcombe, with its array of shops, art galleries, restaurants and picturesque quayside offering stunning views across the tidal estuary.

With a Blue-Flag award-winning surfing beach, stretches of golden sands and secluded unspoilt coves, there is a beach for everyone, including many that are dog-friendly – choose a property with stunning sea views, an apartment right on the beach or a cottage just a short drive away. Considered by many to be the best surfing beach in South Devon, Bantham has gentle waves for beginners around the cove plus a bigger swell at the mouth of the River Avon to challenge those more experienced surfers. Character thatched cottages, a popular pub and village store lead down to the sea in this pretty village boasting incredible views across to Burgh Island of Agatha Christie fame.

From the beach at Bigbury-on-Sea the unique sea tractor takes passengers across to Burgh Island or, if the tide allows, you can walk. Golfers can enjoy stunning views in all directions from the clifftop Bigbury Golf Course.

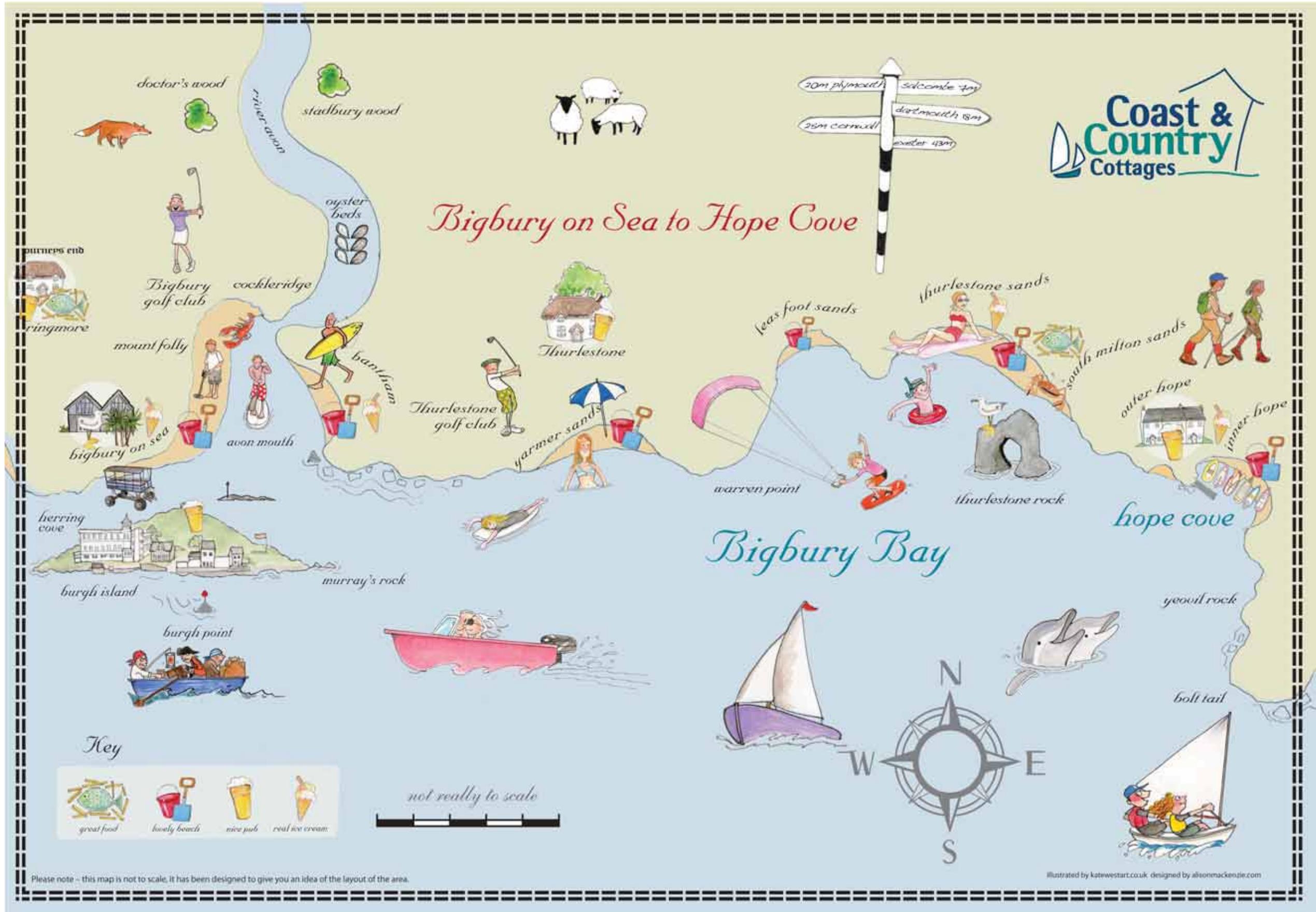
If you are holidaying with a dog, why not visit Thurlestone and South Milton Sands – popular with locals and visitors and a fantastic choice for swimming, sandcastles, rockpooling or water sports (with kayaks and equipment available for hire). A short walk along the coastal path leads to other nearby sandy beaches too.

With its breathtaking views of the Thurlestone Rock, out to sea and towards the beautiful Avon Estuary, golfers with a valid handicap certificate will enjoy the clifftop links course.

A longer walk along the coastal path or a short drive away is Hope Cove, a picturesque fishing village with two sandy family friendly beaches, perfect for sandcastles and swimming. With its local shop, pub and miles of coastal path you can spend the whole day exploring this stunning area, once a favourite smugglers haunt and now a much sought after holiday destination.



Bigbury on Sea to Hope Cove



Key



not really to scale

Please note - this map is not to scale. It has been designed to give you an idea of the layout of the area.

Illustrated by katewestart.co.uk designed by alisonmackenzie.com

Taking the *perfect* holiday picture



Having fun at Hope Cove

When enjoying a holiday in the spectacular setting of South Devon, there is no better way to capture and save the memories forever than with the perfect photograph that you can take home to show friends and family. With just a little planning and the right location, you don't need flashy equipment or lessons to be soon taking photos like a professional!

To take the shot that provides endless memories of your holiday in the South Hams for years to come, choosing the ideal location is important. In the South Hams, we are spoilt for choice when it comes to suitable places for the perfect photograph. As South Devon boasts a long stretch of the South West Coast Path, the stunning walks offer great opportunities for taking your holiday



South West Coast Path – Thurlestone to Bantham



Ripples in the sand on Bantham Beach

“As South Devon boasts a long stretch of the South West Coast Path, the stunning walks offer great opportunities for taking your holiday pictures.”

pictures. The walk from Torcross to Hallsands allows you to take in some of the best scenery in the area as well as stop at fabulous pubs and cafés along the way including The Cricket Inn and Britannia @ The Beach, Beesands. With views of the whole of Start Bay, the Start Point Lighthouse and Slapton's freshwater ley, this walk would provide a brilliant backdrop to family photos and may also be a point of focus for budding nature photographers.

The most amazing shots can be taken at certain times of the day, with beautiful colours being seen in the sky at sunrise and sunset. Head to East Portlemouth beach at sunrise to see the town of Salcombe awakening and the estuary come to life. From there you can walk along to Gara Rock past many little coves and beautiful beaches. Why not finish the day at South Milton Sands with glorious sunset pictures, with the main feature of Thurlestone Rock in the background? Early mornings and evenings are the best times to take pictures on the beaches; you can safely take photos without other people sitting on the beach spoiling your view!



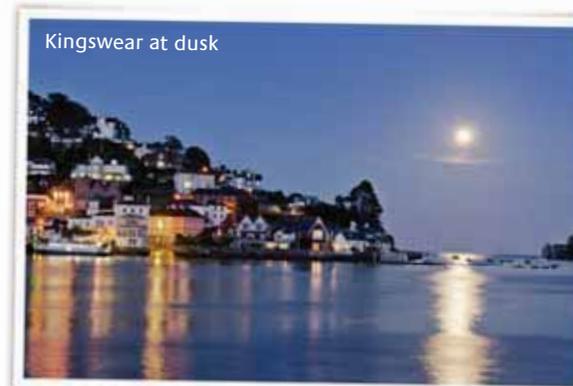
Fisherman's Cove, East Portlemouth, Salcombe



Sunset at South Milton Sands

To incorporate as much of the fantastic scenery as you can within your postcard-perfect picture, try using the panorama settings on your camera or phone or, depending on your equipment, you could use a wide lens. Pick the subject to focus on, whether it's an interesting landmark like a lighthouse or a member of your family, and use the 'rule of thirds' to comprise the photograph. Now you have the perfect set-up, and will have pictures to treasure forever.

We would love to see your favourite South Devon holiday pictures. Share them with us on [f /coastandcountrycottages](https://www.facebook.com/coastandcountrycottages) [@CandCC](https://twitter.com/CandCC) – the best ones may be selected for our Facebook cover or even **view 2016!**



Kingswear at dusk

exp!osures

The Photographer's Gallery

Marine
Weddings
Commercial
Local Images
Family Portraits
And so much more...

Explosures
57a Fore Street
Salcombe
TQ8 8ET

01548 842005
info@explosures.co.uk
www.explosures.co.uk





Drinks Through the Seasons

by Susy Atkins

The marketing folks who promote drinks – whether it's wine, beer, spirits or cordials – will tell you, of course, that their products are great all year round, but I don't agree. Anyone for bone-dry, chilled rosé on November 5th, or a steaming hot spiced rum cup at an August lunch party? Thought not. Here's a guide, then, to getting the best out of your drinks, season by season, and especially our wonderful local tipples...

view | TO FIND OUT MORE OR BOOK ONLINE GO TO coastandcountry.co.uk

Spring

Spring is the time of year when taste buds reawaken to crisper, lighter styles of wine, and those in particular with a floral and/or grassy note. That's exactly what many English white wines taste like, so Spring is the perfect moment to sip young, refreshing whites from a local winery. Try Sharpham's range of lemon-fresh, slightly herbaceous still whites and dry rosé, made near Totnes, matching them with the first local salad leaves and fish from the nearest river or coast. The best soft drinks for the season are elderflower flavoured – try Luscombe's Wild Elderflower Bubbly; it's made in the South Hams and scented beautifully, like essence of Spring hedgerows.

Summer

Hot sunshine and loads of outdoors activities - including barbecues! - make this the time for thirst-quenching beers. Why not discover a local brewery? The South Devon branch of CAMRA lists 12 breweries on its website (see details under stockists) including Quercus in Churchstow and the very new Two Beaches in Shaldon. Most of us enjoy the slightly bitter, hoppy, refreshing styles in summer, but if wine is more your thing, then this is the favourite time for fizz. Happily, the South West makes spectacularly elegant and finely made sparkling wine, now renowned internationally. So whether it's from Sharpham, (Totnes, see above), or another celebrated South West winery, always chill your bubbly well and crack open as an aperitif, or as a summer celebration toast, or with seafood, especially crab and scallops.

Autumn

It's apple season, and cider makes a fine partner for autumnal feasts of roast pork and apple sauce, squash or mushroom risottos, or an English cheeseboard with mild pickles. Don't buy the mass-market ciders in cans, find a local producer of the real, farmhouse stuff. Our local Devon apple juice is also delicious – you can source both cider and juice from Heron Valley Organic Drinks in Kingsbridge. In late autumn, heat up either good cider or apple juice, gently with a couple of cloves, a small piece of fresh ginger, a cinnamon stick or two, and add fresh local apple slices for a warming hot apple cup. I'm also a big fan of Ashridge's fine sparkling ciders, made in Staverton near Totnes, especially their Devon Blush cider, which has a sweeter note of blackberry liqueur – now there's autumn in a cup!

Winter

Christmas, and richer, darker beers suit the cold nights, as do ripe, full-bodied red wines. We don't make big, hearty red wines in the UK (it's a little too cool here) so turn to a wine merchant who can advise on the very best clarets,

Riojas and Aussie Shirazes to go with winter stews, steaks and roasts. The Dartmouth Wine Company is an Aladdin's cave of fine wines, with powerful wintery spirits such as rum and whisky galore too, whilst Red and White in Kingsbridge offer fantastic menu matching advice and regular tasting evenings. Don't forget to decant rich red wines to open up their aroma and soften their texture. Sloe gin is a warming winter spirit too – try Plymouth Gin's delicious, inky-purple version, now widely available. If you're after something truly different, though, check out Dappa, a new clear, clean-tasting spirit in the style of Italian grappa, made in Devon using grape skins, including some from Sharpham. A great digestif after the Christmas feast – cheers!



STOCKISTS:

Some of the drinks companies below offer tastings and guided visits - go online or call to find out more:

Ashridge Organic Cider:

ashridgecider.co.uk
tel: 01364 654749

Heron Valley

heronvalley.co.uk
tel: 01548 550256

South Devon CAMRA

southdevoncamra.com

Luscombe Drinks

luscombe.co.uk
tel: 01364 643036

Dartmouth Wine Company

6 Duke Street, Dartmouth
tel: 01803 833579

Plymouth Gin

plymouthgin.com

Red and White

red-white.co.uk
tel: 01548 853898

Sharpham Vineyard

sharpham.com
tel: 01803 812555.

Dappa

devondistillery.com
tel: 01803 812555

Susy Atkins is the drinks columnist for the Sunday Telegraph's Stella Magazine and a regular wine expert on BBC1's Saturday Kitchen. Taste wine with Susy every October, as she takes part each year in the Dartmouth Food Festival, 23rd-25th October 2015.



The Harbour Spa

A truly *relaxing* break...

When planning a holiday or short break with friends, family or as a couple, the availability of spa or leisure facilities at, or close to, our accommodation is, for many of us, a key deciding factor when selecting where to stay. Here we take a look at some of the fabulous local spas, three of which are available for use by guests staying at selected Coast & Country Cottages holiday properties.

DART MARINA SPA

With indoor pool, Jacuzzi, steam room, gym and a luxurious relaxation area, plus beautifully appointed treatment rooms, including a dual room, ideal for couples or friends to share, the spa at Dart Marina offers total relaxation and pampering during your holiday in the South Hams.

Whether you like to work out in the gym or exercise pool, or take some time out to enjoy one of the fabulous treatments on offer from the friendly and experienced team, the Dart Marina Spa offers something for everyone – children are welcome to use the indoor pool between 3pm-5pm each day.

The renowned Elemis brand is used for treatments, alongside a collection of luxury hand, nail, foot and waxing products from Pinks Boutiques, made in England from 100% natural and organic ingredients. Try the fabulous

Signature Treatment, Sensory Stone Heaven & Exotic Visible Facial - 60 minutes (£78) of total relaxation. Keep an eye out for their great special offers and taster treatments – the perfect way to indulge yourself on holiday. dartmarina.com/spa



Dart Marina Spa

view | TO FIND OUT MORE OR BOOK ONLINE GO TO coastandcountry.co.uk

Choose the following properties to enjoy free use of the Dart Marina spa facilities, including indoor pool, gym, Jacuzzi and Steam Room, **plus 10% off Elemis treatments during your stay:**

Dart Marina 3, 9, 10, 14, 15, 18, 21, 22, 32, 35, 36, 40 and 43 (Diddly Squat), 31 Crowthers Hill, About Tide, Balmoral House, Columbine, Full Deck, Hideaway, Moonrakers, Out to Sea, Quay Lodge, Sunnyside and Courtyard House.

All properties at Hillfield Village enjoy 10% off spa treatments plus exclusive Hillfield Village half day spa packages from £55.

THE DARTMOUTH SPA

The brand new spa just outside Dartmouth now offers Rasul Mud Experience, an ancient Egyptian bathing ritual using specially formulated clay, which leaves your skin unbelievably smooth. A great treatment to enjoy together, and involving sauna, steam and gentle showering, it costs £99 per couple. Alternatively select from a range of Elemis treatments or book one of the spa day packages for a special occasion, including Mother & Daughter Spa Day (£80 for two) or the aptly named River Dart Pick & Mix Spa Day, with a choice of treatments and a healthy lunch (£62 per person).



The Dartmouth Spa

The new spa, which opened in Spring 2014, includes indoor pool, gym, Jacuzzi, sauna & steam rooms, and is located at The Best Western The Dartmouth Hotel, Golf & Spa, boasting two fabulous golf courses plus driving range – perfect for a relaxing or an activity packed break in South Devon. Children are welcome in the spa pool between the hours of 10am-12pm and 3pm-6pm. dgcc.co.uk/packages/spa

Choose the following properties to enjoy member rates on spa treatments, **15% discount on bar/bistro and discounted golf during your stay:**

7 Charles Street, Crew House, Larches Cottage, Broxdowne Cottage, Courtyard Cottage, Curlew, Mallard, The Willows. **All properties at Hillfield Village also enjoy 10% off bar/bistro and spa plus members guest rates for tee times at The Best Western The Dartmouth Hotel, Golf & Spa.**

THE HARBOUR SPA

Spread over two floors, the newly opened spa at The Salcombe Harbour Hotel features an indoor pool, hydrotherapy pool, sauna and steam room plus a fully



The Harbour Spa

equipped gym. Relax in the pebble room, in the private poolside cabana or enjoy views out across the Salcombe Estuary from the submerged pool seating. Using ESPA products and treatments, alongside their own Harbour Signature range, the spa offers a full range of pampering treatments. A selection of Spa Days are also available, including Seasonal Spa Ritual Experiences (from £130 per person), designed with treatments suited to the time of year and including a

choice of Afternoon Tea or two-course lunch. salcombe-harbour-hotel.co.uk/spa

Choose the following properties to enjoy **free use of leisure facilities at The Harbour Spa during your stay:** 1, 2 and 3 Albany House.

Other local spas

Haven: Located in Kingsbridge, this small and friendly spa offers Elemis and Spa Find Treatments. Try the Elemis Face & Body Sensation – a sensational massage using hot stones combined with a prescribed booster anti-ageing facial, £60 for 60 minutes. Sign up for their newsletters to hear about special offers available to book for your visit to the South Hams: havenspaandtherapy.co.uk. **Special Offer for view readers – 10% off normal brochure treatment prices on production of this feature – not to include packages or special offers.**

The Voyage Spa: Based at the Thurlestone Hotel, this recently opened spa includes an indoor pool, hydrotherapy pool, sauna & steam rooms, gym and treatment rooms offering Declor beauty therapies. Voyage Spa days are available to book from £47 per person. thurlestone.co.uk

Spa availability at properties, whilst correct at time of going to print, is subject to change, so please do check online at coastandcountry.co.uk or with our locally based team on 01548 843773 for the latest details before booking.



Harbour Spa

DRIFT AWAY INTO SEASIDE SERENITY

Sunken into the cliff side, Salcombe Harbour Spa is lavishly spread out over two floors. Featuring five treatment rooms, fitness suite, indoor pool, hydrotherapy pool, sauna, steam room and relaxing pebble room. Guests can curl up in a private poolside cabana; reflect in the swimming pool's submerged seating, or bliss-out with an indulgent ESPA or Harbour Signature treatment.

SALCOMBE HARBOUR HOTEL & SPA
 CLIFF ROAD, SALCOMBE, SOUTH DEVON, TQ8 8JH T: 08446 359187
 E: salcombe@harbourhotels.co.uk
www.salcombe-harbour-hotel.co.uk/spa



Fresh, Delicious Spa Days in Dartmouth for every season

Enjoy our fresh, healthy bento box, a green tea and a body treatment and uncover a glistening, youthful you!

Call 01803 837182

DART MARINA
 HOTEL & SPA

www.dartmarinaspa.com



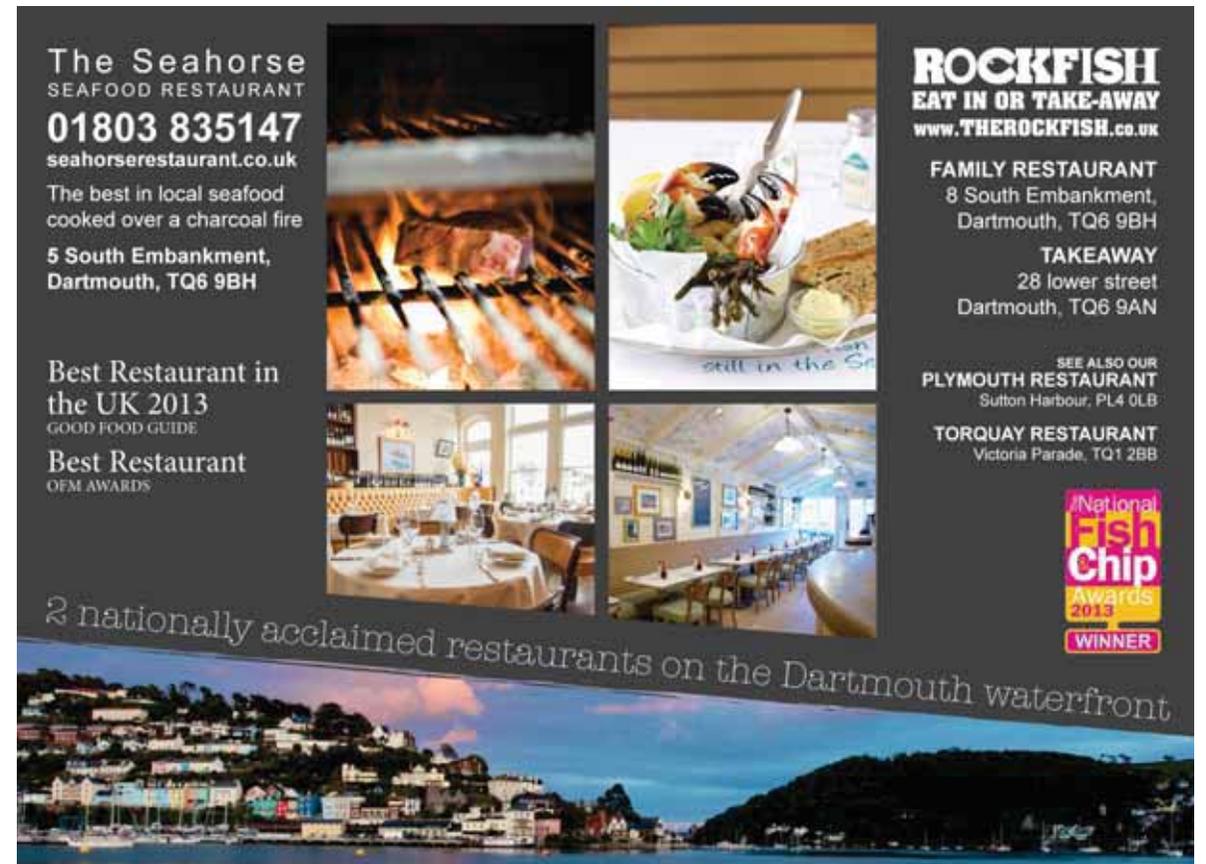
The Dartmouth SPA

NOW OPEN 8am - 8pm

- Swimming Pool and Jacuzzi
- Sauna and Steam Room
- Rasul Mud Experience
- 4 Beauty Treatment Rooms
- Manicure and Pedicure Station
- Fully Equipped Gym
- Highly qualified Beauty Therapists
- Spa Days & Spa Treatments

CALL NOW TO BOOK 01803 712017 or spa@dgcc.co.uk

The Dartmouth SPA
 t: 01803 712017
 e: spa@dgcc.co.uk • www.dgcc.co.uk
 Like us on [facebook.com/thedartmouthspa](https://www.facebook.com/thedartmouthspa)
 The Dartmouth Hotel, Golf & Spa, Blackawton, Nr Totnes, Devon TQ9 7DE



The Seahorse
 SEAFOOD RESTAURANT
01803 835147
seahorserestaurant.co.uk
 The best in local seafood cooked over a charcoal fire
5 South Embankment, Dartmouth, TQ6 9BH

Best Restaurant in the UK 2013
 GOOD FOOD GUIDE
 Best Restaurant
 OFM AWARDS

ROCKFISH
 EAT IN OR TAKE-AWAY
www.THEROCKFISH.co.uk

FAMILY RESTAURANT
 8 South Embankment, Dartmouth, TQ6 9BH
TAKEAWAY
 28 lower street Dartmouth, TQ6 9AN

SEE ALSO OUR
PLYMOUTH RESTAURANT
 Sutton Harbour, PL4 0LB
TORQUAY RESTAURANT
 Victoria Parade, TQ1 2BB

National Fish Chip Awards 2013 WINNER

2 nationally acclaimed restaurants on the Dartmouth waterfront

As the nights draw in...

GET BUSY EXPLORING!

With lots of colour and sparkle to discover out of season here in the South Hams, **Anna Turns shares her Autumn and Winter highlights**

Once summer is over and crowds scatter, the South Hams takes on a different feel altogether – one that is really quite special. First up, an innovative new art installation arrives in Salcombe in September 2015 which will no doubt attract visitors from far and wide. The Field of Light by Bruce Monroe will light up the fields at East Portlemouth on the Salcombe Estuary, in aid of RNLI Salcombe.

As the days shorten and leaves turn a myriad of orange and brown, the sea reaches its warmest temperature of the year, so it's the perfect time for a paddle. In early September, the Chestnut Appeal holds its annual wild swim around the stunning Burgh Island. This one-mile swim around the jewel of the South Hams raises money for Derriford Hospital's prostate cancer charity.

At South Milton Sands, the National Trust South Devon Countryside Team teams up with South Devon Area of Outstanding Natural Beauty Unit to host the 'Big Night Out' on 19th September from 4pm to 10pm. Try rockpooling and bird walks on the marshes with the experts, have a go at kayaking or stand-up paddleboarding, enjoy storytelling, make a lantern and stay late for stargazing. More free wildlife excursions, from bat walks to dormice surveys, are organised throughout the season by Slapton Ley Nature Reserve.

Once you've worked up an appetite at the seaside, make the most of South Devon's food festival season. From Plymouth Seafood Festival to Love Food Dartington's Apple and Cider Weekend, there are plenty of Westcountry flavours to enjoy. From 23rd to 25th October, Dartmouth Food Festival is one of the region's biggest and most well-respected food festivals. This maritime town comes alive with celebrity chef demos, pop-up restaurants, talks from top cookery writers and stalls from the finest artisan food and drink producers.

This autumn, if you have a glut of apples, you can take anything from a small carrier bag in weight, right up to 40 tonnes of apples to Heron Valley near Loddiswell to be pressed into lovely juice or cider. Just call 01548 550256 and arrange to swap your apples for Heron Valley juice, cider or bubbly, up to the value of your apple haul by weight.

Riverford Organics holds its renowned Pumpkin Day on 24th October at their beautifully rustic farm near Staverton – a great family day out with fabulous autumnal food on the menu, plus worm-digging, pumpkin carving, tractor rides and plenty to engage your little ones.



For artistic inspiration and a great way to take sanctuary on a rainy day, follow the South Hams Arts Trail – a free event which runs from 17th to 25th October. Over 50 talented artists open their studios and workshops to the public, with exhibitions at the Market Hall in Kingsbridge, Yealmpton's ArtSix studio and Brownston Gallery in Modbury among others.

As the weather turns wild, wrap up warm and make the most of quiet coastal paths, unspoilt views and atmospheric seascapes. Great South West Walks 2015 offers a chance to take part in a sponsored circular walk



Riverford Organics' Pumpkin Day
– A great family day out

in celebration of the South West Coast Path. One of my personal favourites is a weekend walk down to Soar Mill Cove or up to Bolt Head, overlooking Starehole Bay, returning to a well-deserved Devonshire cream tea at East Soar Walkers Hut.

Woodlands Leisure Park near Dartmouth holds its famous Halloscream week in the last week of October and you can get spooky on 31st October with South Devon Railway's Halloween Express from Buckfastleigh to Totnes. Enjoy Bonfire Night and spectacular fireworks at displays across the South Hams, including Marlborough for delicious mulled cider with an extra brandy kick!

In the countdown to Christmas, there are numerous festive markets – street food and gift stalls fill the high street in Totnes every Tuesday throughout December until late, plus see the Christmas lights 'switch on' in towns including Modbury and sing carols around the tree with mulled wine and mince pies in Salcombe.

'Kingsbridge Celebrates Christmas' provides a day of entertainment and shopping with stalls lining Fore Street, and Candlelit Dartmouth from 27th to 28th November includes seasonal workshops, Santa's arrival by boat and the attractive lantern procession through town.

Don't forget the nativity plays at Pennywell Farm in Buckfastleigh, free advent carol services at Buckfast Abbey and a contemporary Christmas craft exhibition at Bovey Tracey's Devon Guild of Craftsmen.



Halloween at
HIGHER HILL BARN,
near Kingsbridge
VisitEngland 5 Star Gold,
Sleeps 10

Whether you want to brave the elements or discover a unique cultural experience, there's plenty happening across the South Hams as the days draw in.

Top Cosy Escapes

Little Cotton Farmhouse, near Dartmouth: Sleeps 10. With a pretty courtyard leading to a natural meadow and stylish rooms split across three floors plus great baby friendly facilities, this is ideal for a family of three generations. Get cosy with the modern coal effect fire in the bright sitting room. From **£1041 - £2308 per week.**



LITTLE COTTON BARN,
near Dartmouth
VisitEngland 4 Star Gold,
Sleeps 6

Broadsands, Thurlestone: Sleeps 12. Overlooking Thurlestone Golf Course with panoramic sea views, this is the perfect festive retreat for two families, with a formal dining room and games room to amuse the children, plus mini grand piano in the stylish sitting room. From **£2818 - £4181 per week.**

Higher Hill Barn, near Kingsbridge: Sleeps 10. A stunning new barn conversion in an idyllic rural setting, this contemporary living space with wood burning stove, offers a superb base for five couples or extended families. From **£745 - £2040 per week.**

Holset House, East Portlemouth: Sleeps 10. An elegant, luxury country house complete with Aga and fireplace, plus beautiful views, just a few minutes drive from sandy beaches. From **£1538 - £3704 per week.**

For more Autumn and Winter getaways, visit coastandcountry.co.uk

Anna Turns, Devon Features Writer
Member of Guild of Food Writers, specialising in food, sustainability and all things Devon.
Follow me on twitter: @annaturns



Christmas at HOLSET HOUSE,
East Portlemouth
VisitEngland 5 Star Gold,
Sleeps 10



**WIN
A HAMPER
WORTH OVER
£150**

Food & Drink
Devon
Love the
Flavour.

Coast & Country Cottages and Food & Drink Devon are delighted to offer one lucky view reader the chance to win a hamper bursting with local sweet and savoury treats.

The Devon food and drink scene is one of the most vibrant and exciting in the country. The produce grown, harvested and made here is recognised for its outstanding quality and flavour both in the county itself, nationwide and, increasingly, overseas. This mouth-watering hamper includes a huge variety of delights from Devon's artisan food and drink producers including **Bulleigh Elms Farm Shop's** award-winning fudge, succulent steaks from **The Well Hung Meat Company**, **Luscombe Drinks'** innovative Passionate Ginger Beer, Sparkling Pink Brut from **Sharpham Wine & Cheese**, **South Devon Chilli Farm's** bestselling chilli jam, organic tea and coffee from **The Venus Company** and **Waterhouse Fayre's** homemade preserves. Locally produced cider from **The Shops at Dartington**, tasty delicacies kindly donated by **Westcountry Direct**, a business to business distribution company operating throughout the South West with the aim of supporting Devon's passionate food and drink producers, including scrumptious **Ashridge Cider**, **Cranfields Foods** and **Dartmoor Chilli Farm's** much celebrated chutneys, original beers from **The Blueberry Brothers** and **Hunters Brewery**, **Devon Distillery's** new DAPPA, heavenly fudge from **Cottage Confectionery**, piccalilli from **Freds Kitchen** and **Good Game's** fabulous air dried meats.

Food & Drink Devon – 'Love the Flavour' represents a membership of like-minded businesses, dedicated to providing good quality local food and drink. The Food & Drink Devon association is committed to making 'Love the Flavour' a nationally recognised brand for outstanding sustainable food and drink and works tirelessly to increase the county's profile, both nationally and internationally. Food & Drink Devon's dedicated producers boast a range of food and drink from both land and sea which, with their individual microclimates, enhance the unique natural flavour. Hotels, restaurants, cafés and shops within Food & Drink Devon are dedicated to serving and selling this delightful produce.

To submit your entry simply visit coastandcountry.co.uk/lovetheflavour Alternatively send a postcard to **Love the Flavour Competition 2015, Marketing Team, Coast & Country Cottages, Hannaford's Landing, Salcombe, TQ8 8FE.** The first person drawn will win this fabulous hamper. Closing date is 30th November 2015. Terms and Conditions apply. For further information on Food & Drink Devon please visit lovetheflavour.co.uk.

• AIRPORTS •
• SEAPORTS • STATIONS •

For friendly, helpful and reliable service call Roger



6 & 8 Seaters

TAXI SERVICE

Excellent local service
Distance no object

CLARK CARS
OF SALCOMBE

(01548) 842914 or
Mobile: 07976 551532



Food Drink Devon
Love the Flavour.

Enjoy the real taste of Devon

- Discover local produce made in Devon
- Experience fine dining and new flavours
- Browse full listings of our members
- Subscribe to the Food & Drink newsletter

07789 666064
www.lovetheflavour.co.uk



Hotels, Pubs & Restaurants Shops Preserves, Soups & Snacks
Dairy & Eggs Fruit & Veg Bakeries Wines, Beers & Beverages



SSS
Salcombe Shooting School



COVERED AIR RIFLE RANGE
Fun for everyone

01548 560926 Booking essential
www.salcombeshootingschool.co.uk

The Place
for Great British
FISH & CHIPS
in Salcombe

FOR GREAT BRITISH FISH & CHIPS
ALSO HOT & COLD DRINKS
FISH & CHIP TAKEAWAY

Salcombe Crab Sandwich, Jacket Potatoes, Panini's, Baguettes, Pizzas, Salads, Teas, Coffees, Cream Teas & Cakes, Fairtrade Cappuccino, Lattes, Hot Chocolate, Ice Cream Milkshakes and Children's Meals
Gluten Free available

FOR TAKE AWAY ORDERS
01548 843693



At Coast & Country Cottages we are very proud of our local area and love to be involved in the community. Our Assistant Operations Manager Donna Collins is an enthusiastic volunteer for the Salcombe RNLI as a member of their Shore Crew and a Visit Officer. We asked Donna to explain her role and why she enjoys being a part of the team.

I have lived and worked in the picturesque sailing town of Salcombe for six years, after moving to the beautiful South Hams from Worcestershire. Joining the Lifeboat Crew 15 months ago was definitely one of the best decisions I have ever made – the RNLI are an amazing institution and I am very proud that I was asked to become part of the crew.

Having an understanding employer is essential – I have to respond to my pager immediately and 'shouts' can last between 30 minutes to more than 12 hours. As Shore Crew I help with the safe launching and recovery of the Inshore and All Weather Lifeboats, supporting the Sea Going Crew – however, I have also had a taste of the conditions the team face out in rough water. Feeling sea sick and vulnerable when the boat was hit by a wave whilst out on exercise was very scary but utterly exhilarating!

As Lifeboat Visit Officer I contact local schools and community organisations, arrange and lead regular visit

days, which involve groups of 8-40 people, from 4-80 years of age. It's a great way to be involved in the local community and an opportunity to build on my 18 years experience in the educational sector.

The Salcombe RNLI have two boats, the In Shore Lifeboat which is used for rescues in immediate waters and the All Weather Lifeboat which is used for the bigger rescues out at sea. During the day the boats are in Salcombe Harbour waiting to be called out at any opportunity. There is a full-time mechanic to maintain the boats and the volunteers help when they can to ensure the vessels are ready to launch. We spend every Wednesday evening on exercise, rehearsing scenarios to guarantee we are prepared for any situation.

Before joining the RNLI, I had no nautical experience at all so every experience is a massive learning curve and a personal challenge. The rest of the crew become like family and everyone relies on each other – there is no margin for error – but I love it!

Coast & Country Cottages is delighted to support Donna and fellow Assistant Operations Manager Suzy Pile in their vital roles with the RNLI.

For information about the RNLI or to make a donation visit rnl.org.

A truly local business

Here at Coast & Country Cottages we have enjoyed both another successful season in 2014, attracting thousands of holiday customers to the area once again, and fabulous Summer holiday weather for our visitors for much of the main season. Now, with exciting new marketing initiatives well under way, our truly local, family owned and managed agency which markets over 430 holiday properties exclusively in the South Hams, is looking forward to 2015 with even more visitors expected – advanced enquiries and bookings for next season are currently higher than ever!

Following our successful acquisition of the much sought-after domain, we were delighted to announce the launch in August 2014 of salcombe.co.uk. This new site complements the agency's existing and highly successful website coastandcountry.co.uk which generates more than 80% of all new enquiries and bookings for the business – whilst offering users a very different



New salcombe.co.uk website

experience. Its magazine style, combined with stunning new photography and specially commissioned articles, plus competitions to win great prizes, is designed to significantly increase awareness of Salcombe, Dartmouth and the South Hams region as the holiday destination of choice. Take a look and let us know what you think!

Our significant investment in the acquisition and development of salcombe.co.uk as well as the continued investment in our main website, which now has a fresh new look, reflects our commitment to further raising the profile of our brand as a premium managing agency in the market. It is equally vital for us to continue to invest in our support teams (both in Salcombe and Dartmouth), our premises and in IT, to demonstrate our underlying objective to provide the highest standards of service to owners and holidaymakers alike and consolidate our position as the largest locally based holiday letting agent specialising in the South Hams.

During 2014 we welcomed a number of staff to the team at Coast & Country Cottages, whilst also creating important roles to further strengthen the service provided to owners and visitors – our new members have added experience, enthusiasm and energy to complement the

knowledge and skills of our established team. Based locally and regularly visiting our properties, our team really do know the area and our portfolio of holiday homes, so can help you choose the right property for your holiday requirements, plus are on hand to help during your stay. We love meeting new and regular customers, many of whom pop in to the offices to rebook for the following year before they leave.

Coast & Country Cottages has retained VisitEngland's Quality Accredited Agency status following continued assessment of our policies, procedures and practices by an independent assessment team. The coveted VisitEngland marque is awarded to agencies that exceed industry standards of compliance and customer service, offering consumers assurance that they are booking with a reputable company. The accreditation is a fabulous achievement for our family run agency as we aim to maintain the highest standards of service and professionalism to all customers and owners. In the 14



Some of the Marketing Team at Dartmouth Regatta 2014

years of our ownership we have overseen significant growth in the business, but also, importantly, helped to raise the standards of accommodation in the area too.

In addition to the VisitEngland accreditation, we have received feedback from over 2000 customers in the past six months through the independent Feefo website and are delighted that we can report a current 'Service' rating of 98% and a 'Product' rating of 97%. As Feefo is a wholly independent company, inviting feedback from genuine customers, both positive and negative, this rating provides our customers with valuable information about us, the service we provide and the quality of our properties. The Feefo rating also measures how well we respond to our clients when things don't go perfectly – whilst no company can get everything right 100% of the time, our locally based team really do go that extra mile, which is reflected in our rating.

As a proudly local business, Coast & Country Cottages is a regular sponsor of a number of local events and organisations throughout the year and the team are found 'waving the Coast & Country Cottages' flag' at events all over the area, having been actively involved in the planning of key local events including the Dartmouth Food Festival, of which the agency is a major sponsor.

For 2015, following record demand, we are actively looking for new luxury properties in and around Salcombe, Dartmouth and throughout the South Hams. If you would



Family run, local business with offices in Salcombe & Dartmouth



Kate from our Operations Team en route via boat to check a property

like to find out more about letting your holiday home through a locally based award-winning agency, who really know and love the area and will provide the local support you may need, we would be delighted to arrange a free property visit without any obligation or 'hard sell'.

Alternatively, if you are looking for somewhere new and special for your 2015 holiday, the agency has recently

signed up a number of fabulous new properties that might be exactly what you are looking for...

Visit coastandcountry.co.uk or call us today on 01548 843773 to find out more!

We hope to welcome you to the beautiful South Hams soon.

See pages 4-5 for exciting news of our British Travel Award 2014.

Some of the Coast & Country Cottages team who deliver a truly local service



Introducing The Hound of the Baskervilles Tour

WITH AWARD-WINNING GUIDE ALEX GRAEME OF UNIQUE DEVON TOURS

“The breadth of activities to try in Devon is second to no other county in the United Kingdom.”



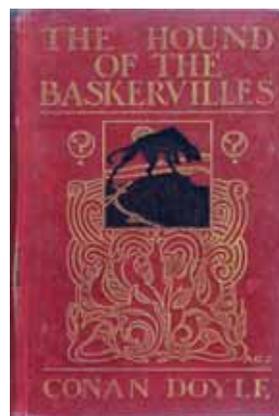
Alex Graeme with his Hound of the Baskervilles Tour postcard

Owned and run by local expert, Alex Graeme, Unique Devon Tours organises fascinating and entertaining tours for small groups in this beautiful and intriguing area of England, making the most of the wonderful array of activities, attractions and things to do in Devon.

Alex has lived in Devon all his life, and is very passionate about sharing what it has to offer. He utilises a comprehensive local knowledge to facilitate a unique set of experiences for guests visiting the area.

Says Alex, “Whether your interests lie in the landscapes and legends of Dartmoor, the Cathedral and Roman history of Exeter, famous characters such as Dame Agatha Christie and Sir Francis Drake, beautiful beaches, cream teas, glorious gardens and evocative castles or steam trains and river boats, Devon can truly offer something for everyone. The breadth of activities to try in Devon is second to no other county in the United Kingdom”.

Unique Devon Tours will create a bespoke itinerary for your group (maximum six people), for a length of time to suit you. With over 40 tours to choose from, including



The Ultimate Dartmoor Experience, The Devon Family History Genealogy Tour and The Devon Coastal History Tour, there is something for everyone. The tours would also make a fantastic gift or add something special to a celebratory holiday in the area. Alex will collect you from your holiday property, act as your driver and guide throughout the day and return you to your holiday property at the end of the tour – a great way to see the area and a break from driving too!

Coast & Country Cottages recently joined Alex for a taste of his popular Hound of the Baskervilles Tour. For fans of this highly acclaimed novel, anyone who remembers reading the book at school or the many who simply enjoyed the adaptation in the recent BBC TV series, Sherlock, this tour introduces the intriguing story, including



Alex Graeme with Tina Doyle at the grave of Harry Baskerville

the people, places and legends, that inspired Sir Arthur Conan Doyle to write his first Sherlock novel in nearly 10 years. Tina Doyle, Coast & Country Cottages’ Senior Marketing Executive, comments, “Although I have lived in this area all my life, Alex’s tour took us to many wonderful locations that I had never visited before, nor realised had connections to this famous novel. From village graveyards, to previously burned down churches with black magic associations, the tour helped us understand how this story

came about, and the Dartmoor mist descended very appropriately as we visited the marshy moorland of Fox Tor Mire, the inspiration for the very bleak and inhospitable Grimpen Mire in the book!”

To arrange your Unique Devon Tour or to find out more, call Alex on 01803 812556 or visit uniquedevontours.com



Above: Fox Tor Mire – the inspiration for Grimpen Mire
Below: A 'hound' on Dartmoor

WIN a Hound of the Baskervilles Tour for up to 6 people with Unique Devon Tours!



Unique Devon Tours are offering one lucky view reader the chance to win a Hound of the Baskervilles tour for up to 6 people worth £280 to take place during their 2016 visit to South Devon.

To submit your entry simply visit coastandcountry.co.uk/unique-competition-page Alternatively send a postcard to Unique Devon Tours Competition 2015, Marketing Team, Coast & Country Cottages, Hannaford’s Landing, Island Street, Salcombe, TQ8 8FE. The first person to be drawn will win this fabulous prize. Closing date for entries is 30th November 2015.

Terms & Conditions apply. Prize is a Hound of the Baskervilles Tour worth £280 provided by Unique Devon Tours, subject to availability, non-transferable, no cash alternative. This prize does not include holiday accommodation or food & drink. For full competition details, plus terms and conditions, visit coastandcountry.co.uk/unique-competition-page

Hillfield Village

A very special development...

“...there is something for everyone to enjoy, whether it be a leisurely stroll to look at the many plants and trees, to follow the woodland trail, enjoy a game of tennis, or simply to keep the children amused in the play area.”

Hillfield Village, just three miles from historic Dartmouth, currently consists of twenty-two self-catering cottages and six apartments (from 1 to 5 bedrooms, sleeping up to 12 guests in total). Nestled in the beautiful South Hams countryside and just a short drive from miles of stunning coastline, the luxury holiday properties each have well equipped kitchens incorporating modern appliances, tasteful furnishings and luxury bathrooms (most with whirlpool baths). A number of the larger units also have a private outdoor hot tub and one also boasts a private sauna!



HILLFIELD VILLAGE Country House

During the past two years under new ownership Hillfield Village has already benefited from considerable investment. Redecoration and refurbishment have enhanced and improved the existing 4 Star and 5 Star properties and the already beautiful grounds have been transformed through the hard work and expertise of locally based gardening and landscaping company, Fine Gardening Services. Hillfield Village Director of Operations, Martyn Ball comments, “The gardens and woodland at Hillfield Village have gone through somewhat of a transformation in the last 12 months. There is something

for everyone to enjoy, whether it be a leisurely stroll to look at the many plants and trees, to follow the woodland trail, enjoy a game of tennis, or simply to keep the children amused in the play area”.

Additional refurbishment and development activity is now taking this wonderful destination, set in idyllic surroundings in the South Devon countryside, even further forward in readiness for the 2015 main season and beyond. Exciting plans include the addition of Hillfield Farmhouse to the Hillfield Village complex - the renovation of this historic Grade 2 listed farmhouse has been carefully managed to maintain many original features and the charm of the building, whilst creating a fabulous new holiday letting property, complete with the latest contemporary details. The new property, which will sleep up to 10 in 5 bedrooms, will be available for holidays from Easter 2015.

Coast & Country Cottages’ Director, Karen Jones says, “Over the past 10 years we have worked closely with the team at Hillfield Village and have enjoyed seeing this very special holiday location develop during this time. We were very pleased to learn of the continued investment in the



Beautifully maintained gardens at HILLFIELD VILLAGE

resort and the plans for further updating of key properties, and are particularly excited about the renovation of Hillfield Farmhouse, which we predict will become a very popular and sought after addition to the Hillfield Village portfolio”.

In addition to this exciting renovation and the refurbishment plans, a number of additional luxury houses are being built over this coming winter period and these, along with some existing properties, will also be available for purchase, giving regular visitors the opportunity to own a piece of this wonderful location themselves. Adds Director Andrew Jones, “We anticipate a high level of interest in the purchase of the available properties at Hillfield Village and look forward to acting in the future on behalf of those property owners who wish to rent out their property as a holiday home”.

Further details of the development plans and other changes will be shown on the Hillfield Village website hillfieldvillage.com when available, whilst the locally based team at Coast & Country Cottages will be pleased to help with any enquiries you may have in terms of holiday bookings for 2015 – call 01803 839600 or visit coastandcountry.co.uk.

For more information about Hillfield Village visit hillfieldvillage.com or call 01803 712322.



VANTAGE POINT, HILLFIELD VILLAGE
VisitEngland 5 Star Gold, Sleeps 8



Anyone for tennis at HILLFIELD VILLAGE?



Hillfield Village
Dartmouth

Luxury Holiday Cottages & Apartments
Located in an idyllic setting, just a short drive from Dartmouth harbour
01803 712 322
hillfieldvillage.com

New Property Round-up

Our locally based Property Team is busy adding new properties to the portfolio throughout the year. Here is a selection of some of those recently added - visit coastandcountry.co.uk for full details of all properties plus the latest additions.

OVERCOMBE, Salcombe VisitEngland 5 Star, Sleeps 14 ▶

With panoramic views over the beautiful Salcombe Estuary and across to the popular sandy beaches of East Portlemouth and Mill Bay, this imposing holiday home sleeps up to fourteen people. Extensively refurbished in 2013 this is the ideal base for large group holidays, wedding parties or family celebrations in a stunning setting, just 10 -15 minutes walk from picturesque Salcombe.



◀ 1 HOLMLEIGH, Salcombe VisitEngland 3 Star, Sleeps 6

A comfortable ground floor apartment, sleeping six, within a substantial Victorian house, just minutes from Salcombe's delightful waterfront, boutique shops, pubs and restaurants.



25 DART MARINA, Dartmouth VisitEngland 5 Star Gold, Sleeps 4 ▶

Boasting stunning views over the River Dart plus a private riverside terrace, this luxury two-storey townhouse sleeps up to four people. Enjoy nearby Dart Marina Health Spa including indoor pool, gym, Jacuzzi and steam room or walk along the beautiful waterfront to historic Dartmouth's shops, art galleries and award-winning restaurants.



◀ ANANDA, Salcombe VisitEngland 4 Star Gold, Sleeps 8

A delightful three storey, recently refurbished, terraced house, sleeping eight, in a quiet location 5 minutes walk from Salcombe's picturesque waterfront, shops, bars and restaurants.



◀ RIVERS EDGE, Dartmouth VisitEngland 3 Star Gold, Sleeps 4

Sleeping four, this modern, stylishly furnished second floor apartment is within just a few yards of Dartmouth's pretty waterfront and close to the maritime town's shops, art galleries and award-winning restaurants.



DRIFTWOOD, Salcombe VisitEngland 5 Star, Sleeps 8 ▶

A stunning, detached house, sleeping eight, furnished and equipped to the highest, contemporary standards, with lovely views of the Salcombe Estuary - a superb retreat for families or larger groups.

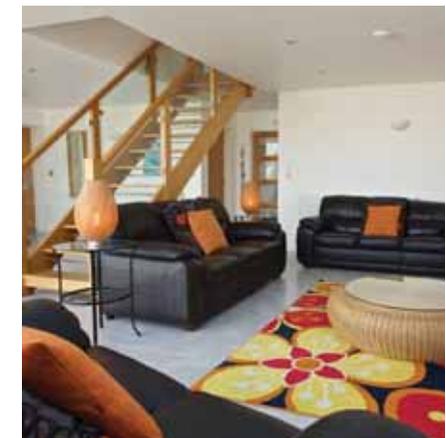
▼ THE SEA BALCONY, Salcombe VisitEngland 5 Star Gold, Sleeps 4

A stunning, luxury property, sleeping four, providing spectacular, panoramic views over the Salcombe Estuary and out to sea. The ultimate in luxury self-catering, the apartment boasts a state-of-the-art kitchen with Miele appliances, elegant living and bedroom areas and stylish bathrooms.



STARBOARD LIGHT, Malborough ▶ VisitEngland 4 Star Gold, Sleeps 8

Sleeping eight, and with delightful views across the countryside towards the Salcombe Estuary, this detached holiday home provides a very comfortable base for families or couples. With level entry access and ground floor facilities, it is also suitable for visitors with limited mobility.



◀ MEADOW VIEW, Modbury VisitEngland 4 Star Gold, Sleeps 2

With far reaching views across the countryside towards Dartmoor, this beautifully furnished property, sleeping two, is situated in a picturesque rural setting, just a short drive from the stunning South Devon coastline and Dartmoor National Park.



SEAWAY HOUSE, Strete VisitEngland 4 Star, Sleeps 6 ▶

Just a few minutes walk from the pretty village of Strete and the spectacular Start Bay coastline, this spacious and well presented holiday home is perfect for families looking for comfortable accommodation close to unspoilt, sandy beaches.

Visit coastandcountry.co.uk or call 01548 843773 for more information.



Taste the Experience!



Fine English wine & cheese, produced from our Estate on the banks of the River Dart.

Tours are available which include a wine tasting. Alfresco dining in summer.

01803 732203
www.sharpham.com



South West Producer of the year 2014

SHARPHAM
WINE & CHEESE



WOODLANDS
ALL WEATHER FAMILY FUN!
DISCOUNT VOUCHERS available at RECEPTION

WOODLANDSPARK.COM
Dartmouth 01803 712598

Your guide to the best beaches across the South Hams



©

	CAR PARK		TOILETS		BEACH			ACCESS			FOOD			SHOP		BEACH FACILITIES								
	Approx. car parking spaces	Distance car park to beach in metres	Distance beach to toilets in metres	Modern facilities	Sand castle sand	Fine shingle	Pebbles and rocks	Beach Award	Country road often single lane	Wheelchair access onto beach (via ramp)	Easy access from car park - maybe a few steps	Ice cream kiosk or van in season	Hot & cold meals available on beach	Indoor seating	Outdoor seating	Approx metres closest cafe/kiosk	Beach goods shop nearby	Shop distance from beach	Water sports area	Suitable water area for children when supervised	Swimming - no strong currents when calm	Lifeguard in summer	Dogs banned on beach	
Blackpool Sands	800	25	50	Y	P	Y	Blue Flag		Y	Y	Y	Y	Y	Y	25	Y	25	Y	Y	Y	Y ¹	P		
Strete Gate	101	150	25			Y	P	Rural		Y	Y			Y	2000									
Slapton Sands	363	25	25	Y			P	Rural		Y	Y				1000									
Torcross	137	75	50	Y		Y	P	Rural		Y	Y	Y	Y	Y	25							Y ¹		
Beesands	200	25	150			Y	Y	Rural	Y	Y	Y		Y	Y	25									
North Hallsands	40	25	25			Y			Y	Y														
Lannacombe	15	25	n/a		P		Y		Y	Y										Y				
Mattiscombe (Start Point)	80	1500	n/a	Y					Y			Y			1500									
Gara Rock	50	800	n/a	Y					Y															
Millbay	80	50	25	Y					Y	Y	Y	Y	Y	Y	500	Y	500		Y	Y				
Fisherman's Cove	15	50	50	Y					Y	Y	Y	Y	Y	Y	50	Y	50							
North Sands	89	75	200	Y				Rural	Y	Y	Y	Y	Y	Y	100	Y	100			Y				
South Sands	30	50	40	Y	Y			Rural	Y	Y	Y		Y	Y	25	Y	800	Y	Y	Y	Y			Y
Soar Mill Cove	40	2000	n/a	Y					Y					Y	1500									
Hope Cove	26	100	400	Y		Y		Rural	Y	Y	Y	Y			500	Y	500			Y	Y			
Mouthwell	80	50	200	Y		Y		Rural	Y	Y	Y	Y	Y	Y	50	Y	50			Y	Y			Y
South Milton Sands	220	25	150			Y		Rural	Y	Y	Y	Y	Y	Y	100	Y	100	Y ¹	Y	Y	Y	Y ¹		
Thurlestone	60	2000	n/a			Y			Y						1500									
Bantham	750	200	800	Y				Rural	Y	Y			Y	Y	900					Y			Y	P
Bigbury on Sea	900	75	100	Y	Y				Y	Y	Y	Y	Y	Y	50	Y	150			Y			Y	P
Challaborough	60	35	100	Y				Blue Flag	Y	Y	Y	Y	Y	Y	50	Y	50			Y			Y	Y
Wonwell	nil		n/a	Y					Y											Y				
Mothecombe	500	500	500	Y					Y				Y	Y	500	Y	500			Y	Y			Y
Wembury	100	75	10	P		Y				Y	Y	Y	Y	Y	25	Y	25			Y	Y			Y
Bovisand	300	400	450	Y					Y			Y	Y	Y	450	Y	450			Y	Y			Y

While every effort has been made to ensure the accuracy of this guide, neither The Venus Company or Coast & Country Cottages can accept responsibility for any errors. For further information including car park prices, please visit www.lovingthebeach.co.uk LEGEND: 1 = school summer holidays only P = part of season or part of beach only

Sail Salcombe

SYC 2015

01548 842593 WWW.SALCOMBEYC.ORG.UK

Marchand Petit

www.marchandpetit.co.uk

Experts in the sale and letting of coastal and country houses cottages and apartments

Dartmouth 01803 839199	Kingsbridge 01548 857588	Millbrook 01752 829000	Modbury 01548 831163
Newton Ferrers 01752 873311	Salcombe 01548 844473	Torpoint 01752 815222	Totnes 01803 847979

Serving local, organic food and drink in stunning locations
ALL DAY, EVERY DAY*

Evening dining available at Blackpool Sands:
steak, freshly caught fish, crab and lobster

For opening times and menus visit
www.lovingthebeach.co.uk

Blackpool Sands · Bigbury on Sea · East Portlemouth · Dartington

Parties and weddings available at Blackpool Sands.
Visit www.lovingthebeach.co.uk for details

*Except East Portlemouth (Easter-October only)

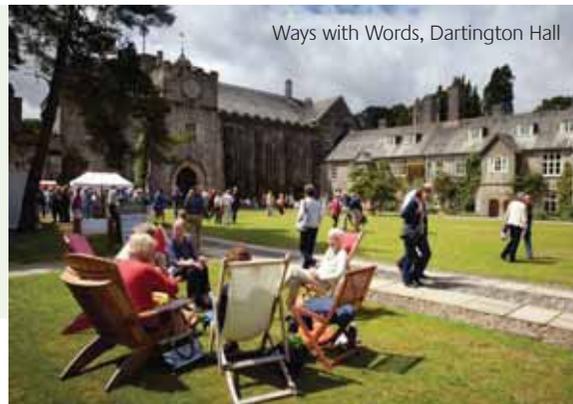
Enquiries
01803 712648
Evening Summer Dining
01803 770209

What's on in the South Hams

Coast & Country Cottages looks ahead to some of the highlights of the 2015 local events calendar to help you plan your holiday or short break in South Devon.

WAYS WITH WORDS FESTIVAL 3rd - 13th July

In a glorious setting on the beautiful 25 acre Dartington Estate, with its historic medieval courtyard and impressive Great Hall, the Ways with Words Festival provides a fabulous chance for those who enjoy books to meet those who write them and listen to inspiring interviews and talks. The programme is available from early May – book ahead to avoid disappointment. wayswithwords.co.uk



Ways with Words, Dartington Hall

ROCKFISH CRAB DAY PARTY 2nd August

Voted Tatler's restaurateur of the year, Mitch Tonks (of the Seahorse and Rockfish Restaurants) is passionate about

inspiring others to enjoy seafood. The Rockfish Crab Day Party, Dartmouth, is in its fourth year. Enjoy dressed crab and children's activities, including a very competitive crabbing competition – this event brings families and friends together to enjoy delicious seafood. Visit therockfish.co.uk for further information.



SALCOMBE TOWN REGATTA 1st - 8th August & YACHT CLUB REGATTA 9th - 14th August

The town regatta (salcombeinformation.co.uk) has lots to entertain including family activities with a children's fancy dress competition, fireworks and the annual Harbour Swim. The Yacht Club Regatta (salcombecoast.org.uk) is also a highlight in local and sailing calendars, attracting a large number of visitors.

◀ Bring your fancy dress for Salcombe Town Regatta

FROGMORE REGATTA 9th August

The event offers fun for all the family in a picturesque location on the creek at Frogmore, with popular dog show, fun rowing races, highly competitive raft race, rides and delicious Devon cream teas! frogmore.info/regatta



◀ Children's Activities sponsored by Coast & Country Cottages

DARTMOUTH FOOD FESTIVAL 23rd - 25th October

Rated 'one of the top 10 Food festivals in the UK' by The Guardian, the Dartmouth Food Festival is now in its 12th year. With a fantastic mix of celebrity chefs, events, food markets, tasting shacks plus activities for all the family to enjoy, the festival has developed into a major event for the area, but still 'encourages anyone and everyone to come along and take part without being charged an entry fee' – visit dartmouthfoodfestival.com for more details.

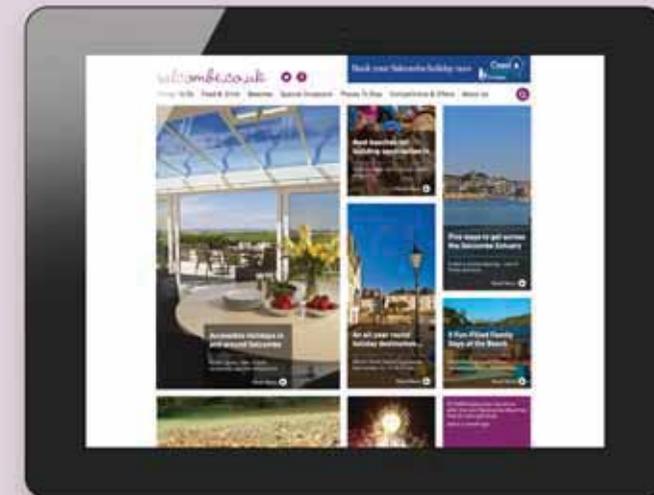


Coast & Country Cottages' team at the Frogmore Regatta Raft Race

Welcome to salcombe.co.uk

Launched in August 2014, salcombe.co.uk is packed with ideas and inspiration for your break in the South Hams.

From things to do, places to visit, what to eat and some fantastic competitions to win fabulous prizes, the site is regularly updated with new articles from locally based contributors, who really know and love the area.



Highlights for your 2015 diary

3rd – 7th March

[DARTMOUTH COMEDY FESTIVAL](#)

7th March

[DELICIOUS DART TRAIL](#)

1st – 9th May

[MODBURY FAIR](#)

3rd May

[BLACKAWTON INTERNATIONAL FESTIVAL OF WORMCHARMING](#)

15th – 17th May

[DARTMOUTH MUSIC FESTIVAL](#)

21st – 23rd May

[DEVON COUNTY SHOW](#)

29th – 31st May

[KINGSBRIDGE FOOD & MUSIC FESTIVAL](#)

27th – 28th June

[DARTMOUTH ARTS & CRAFT WEEKEND](#)

27th June

[BIGBURY FUN RUN](#)

3rd – 13th July

[WAYS WITH WORDS LITERARY FESTIVAL](#)

5th – 10th July

[MERLIN ROCKET WEEK](#)

18th – 25th July

[KINGSBRIDGE FAIR WEEK](#)

26th July

[TOTNES & DISTRICT AGRICULTURAL SHOW](#)

29th July

[YEALMPTON SHOW](#)

1st – 8th August

[SALCOMBE TOWN REGATTA](#)

1st August

[LODDISWELL SHOW](#)

2nd August

[ROCKFISH CRAB DAY PARTY](#)

4th – 8th August

[DARTMOUTH SHAKESPEARE WEEK](#)

8th – 9th August

[SOUTH HAMS VINTAGE MACHINERY RALLY](#)

9th – 14th August

[SALCOMBE YACHT CLUB REGATTA](#)

9th August

[FROGMORE REGATTA](#)

27th – 29th August

[DARTMOUTH ROYAL REGATTA](#)

28th – 31st August

[HOPE COVE WEEKEND](#)

5th September

[KINGSBRIDGE SHOW](#)

23rd – 25th October

[DARTMOUTH FOOD FESTIVAL](#)

24th October

[RIVERFORD PUMPKIN DAY](#)

31st December

[DARTMOUTH NEW YEAR FIREWORKS](#)

* Dates correct at time of going to press. Dates subject to change – please check dates with event organisers or Coast & Country Cottages before making a special trip.

ASHBY'S
Easy Stores

Leisure Superstore

www.ashbyonline.co.uk

Camping

Caravanning and Camping

- Tents, Beds and Sleeping Bags
- Clothing & Footwear
- Rucksacks
- Cookers, Lighting
- Gas and Fuel
- Kitchen & Table Gear
- Chemicals & Coolboxes
- Survival Equipment
- Towing & Accessories
- ALL LEADING BRANDS STOCKED



ASHBY'S Easy Stores

Kayaks

Hard Boats and Inflatables

- Traditional Canoes & Kayaks
- Sit on Tops & Paddle Boards
- Inflatable Kayaks
- Boats, Paddles, Wetsuits,
- Dry Bags, Trolleys & Accessories
- Roofrack Stockist
- Fishing and Camping Gear
- ALL LEADING BRANDS STOCKED



ASHBY'S Easy Stores

Wetsuits

Wetsuits and Beach Gear

- Wetsuits Adult and Kids
- Shorties, Full Suits and Longjohns
- Neoprene boots, gloves and hoods
- Spraytops and Leggings
- Dive Knives, drybags and towels
- Fins, masks and Snorkels
- Kayaks and Inflatables
- Buckets, Spades and Windbreaks
- Beach toys, BBQ's & MUCH MORE...



ASHBY'S Easy Stores

Fishing

Massive selection of

- Rods, Reels, Tackle, Line
- Lures & Accessories
- Live and Frozen Baits
- Boating and Camping Gear
- ALL LEADING BRANDS STOCKED



ASHBY'S Easy Stores

CAFÉ OPEN 7 DAYS A WEEK

East Charleton, Kingsbridge, Devon TQ7 2AP
Telephone: 01548 531625 • Email: sales@ashbyonline.co.uk

Avon Mill

Café ▪ Garden Centre ▪ Deli ▪ Art ▪ Crafts ▪ Boutique ▪ Crossfit



Loddiswell • Kingsbridge • Devon • TQ7 4DD T 01548 550338
www.avonmill.com

devon ribs



Rib Hire & Sales

01803 722900
www.devonribs.co.uk




WELCOME TO THURLESTONE GOLF CLUB



Situated on a stunning cliff top, the Course offers rewarding and spectacular views with each hole providing a different challenge. Visitors and groups always welcome.

For further information please contact us on **01548 560405** or visit us at **www.thurlestonegolfclub.co.uk**

Beautiful holiday properties stunning locations



Choose from over 430 holiday properties in Salcombe, Dartmouth and throughout South Devon.

From romantic hideaways and beautifully renovated farmhouses, to luxury waterside apartments and cosy thatched cottages, we can help you choose the right one for your holiday. We'll make sure everything is perfect from the moment you arrive and are here to help throughout your stay.

Book online today or call our locally based team on 01548 843773.



salcombe.co.uk
coastandcountry.co.uk



BETTER, BY A COAST & COUNTRY MILE